Exchange of Actin Subunits at the Leading Edge of Living Fibroblasts: Possible Role of Treadmilling

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ABSTRACT Previous observations indicated that the lamellipodium ("leading edge") of fibroblasts contains a dense meshwork, as well as numerous bundles (microspikes) of actin filaments. Most, if not all, of the filaments have a uniform polarity, with the "barbed" end associated with the membrane. I investigated whether and how actin subunits exchange in this region by microinjecting living gerbil fibroma cells (IMR-33) with actin that had been labeled with iodoacetamidotetramethylrhodamine. After incorporation of the labeled actin into the lamellipodium, I used a laser microbeam to photobleach a 3-4-μm region at and surrounding a microspike, without disrupting the integrity of the structure. I then recorded the pattern of fluorescence recovery and analyzed it using a combination of TV image intensification and digital image processing techniques. Fluorescence recovery was first detected near the edge of the cell and then moved toward the cell's center at a constant rate of 0.79 ± 0.31 μm/min. When only part of the lamellipodium near the edge of the cell was photobleached, the bleached spot also moved toward the cell's center and through an area unbleached by the laser beam. These results indicated that steady state incorporation of actin subunits occurred predominantly at the membrane-associated end of actin filaments, and that actin subunits in the lamellipodium underwent a constant movement toward the center of the cell. I suggest that treadmilling, possibly in combination with other molecular interactions, may provide an effective mechanism for the movement of actin subunits and the protrusion of cytoplasm in the lamellipodium of fibroblasts.

The organization of actin filaments in many types of nonmuscle cells has been investigated extensively during the past years. Through a combination of light- and electron-microscopic observations, it is clear that actin filaments are capable of rapid rearrangement in nonmuscle cells (see, for example, reference 26). However, at the molecular level, little is known about how this dynamic reorganization is achieved.

In vitro, actin is capable of a wide spectrum of activities, including polymerization, gelation, bundling, fragmentation, and translocation, either by itself or in combination with other proteins (for reviews see references 5, 15, and 21). Of particular significance is the distinct polarity of the filaments, which not only causes myosin heads to interact with the filaments at a preferred angle but also accounts for the different rates of assembly at the two ends. The fast, or "barbed," end has a higher rate of assembly as compared with the slow, or "pointed," end (11, 31). In 1976, Wegner raised the possibility that the two ends could have different critical concentrations of polymerization, thus causing the subunits to "treadmill" continuously through the filament at steady state (29). Subsequent measurements of kinetic constants at the two ends indicated that treadmill may indeed occur in vitro (4, 16). In addition, Kirschner pointed out that treadmill may play various important roles, ranging from transport of organelles to regulation of filament stability, in living cells (10). However, without direct correlation with observations in vivo, it is not even certain whether this phenomenon actually occurs in living cells.

A particularly interesting area in which to study the dynamic behavior of actin in vivo is the lamellipodium ("leading edge") of fibroblasts. Previous electron microscopic observations demonstrated the presence of a meshwork of apparently continuous actin filaments, as well as numerous actin filament bundles (microspikes), extending from the edge of the cell...
toward the center (18-20). In addition, most, if not all, actin filaments in this region have a uniform polarity, with the fast, or "barbed" ends associated with the membrane (19). Myosin, on the other hand, is either absent or present in only a very small amount (7). The dynamic aspects of actin filaments in this region, however, remain largely unknown. Kreis et al. have studied the mobility of actin in embryonic chick fibroblasts (12). They measured the percentage and the apparent diffusion coefficient of the "mobile" fraction, which presumably corresponds to actin monomers or oligomers, in the lamellipodium. However, since the exchange of subunits would probably fall under the "immobile" (apparent diffusion coefficient \( < 3 \times 10^{-12} \text{ cm}^2/\text{s} \)) category when their approach is used, few important questions about subunit exchange were answered. For example, does subunit exchange occur in this region? If so, does it occur along the length of the filament or only at the ends? Is the fast end, which appears to be blocked by the attachment to the membrane, active in subunit exchange?

I have been trying to answer these questions through the use of fluorescent analogue cytochemistry (22, 27), in conjunction with the technique of fluorescence recovery after photobleaching. In brief, my approach involves the microinjection of fluorescently labeled actin into living fibroblasts (IMR-33). After the incorporation of the fluorescent actin analogue into cellular structures, fluorescence in a small area of the lamellipodium is bleached with a laser microbeam without damaging the structure. The recovery of fluorescence is then measured. Since I am interested in not only the rate, but also the pattern, of recovery, I use a TV image intensifier to record the image (17), and analyze the data with digital image processing techniques. The results not only indicate a clear polarity in steady state subunit incorporation, favoring the membrane-associated end, but also reveal a constant flux of actin subunits toward the center of the cell. I suggest that treadmillling, possibly in combination with other molecular interactions, may play an important role in this region of the cell.

MATERIALS AND METHODS

Protein Preparation and Cell Culture: Actin was prepared from rabbit skeletal muscle and labeled with iodoacetamidotetramethylrhodamine (Research Organics, Inc., Cleveland, OH) as described previously (26). The gelib fibroblast cell line IMR-33 was obtained from American Type Culture Collection (Rockville, MD); and maintained in F12K medium (KC Biological Inc., Lenexa, KS) containing 10% fetal calf serum and antibiotics as described above. Immediately after photobleaching, an averaged image was stored, the exact position of the cell was marked, and the coverslip was removed for fixation. The interval between photobleaching and fixation was \( \sim 1-2 \text{ min} \). Fixation was performed as described by Small et al. (20), using a mixture of 0.5% glutaraldehyde and 0.3% Triton X-100 during the first step and 1% glutaraldehyde during the second step. The coverslip was rinsed after the second fixation, treated with sodium borohydride, and then stained with fluorescein-phalloidin (Molecular Probes, Junction City, OR) without further extraction in Triton. Fluorescence of fluorescein-phalloidin was observed with a Zeiss 48 77 16 filter set and an extra barrier filter (cut-off wavelength 550 nm). No crossover of rhodamine fluorescence was detectable. Fluorescence of tetramethylrhodamine-labeled actin was observed using a Zeiss 48 77 15 filter set, which excludes any fluorescein fluorescence to a level beyond detection.

RESULTS

When cultured under appropriate conditions, \( > 80\% \) of the IMR-33 cells showed prominent leading lamellipodium. Most cells, however, exhibited little net translocation during the period of observation (<10 min). A pair of photographs of a living cell microinjected with tetrarmethylrhodamine-actin, taken with phase optics and fluorescence optics, respectively, are shown in Fig. 1. The lamellipodium, 2-6 \text{um} wide, was discerned under phase optics as a slightly phase-dense band. In addition, microspikes, either embedded within the lamellipodium or projecting out of the cell, were readily detected. The stress fibers were located in the more central region of the cell. Under fluorescence optics, the lamellipodium showed an increased concentration in microinjected actin compared to the adjacent cytoplasm, as well as distinctly fluorescent microspikes. The general morphology of the lamellipodium was similar to that described by Abercrombie et al. (2) and Small et al. in chick embryonic fibroblasts (18, 20).

Because of the discrete morphology of the microspikes, which facilitates the analysis and interpretation of data, photobleaching was performed predominantly at microspikes and adjacent areas. However, similar results were also obtained in areas of diffuse fluorescence through the lamellipodium. The microspikes were highly dynamic structures, with a lifetime usually shorter than 10 min. Besides assembly and disassembly, reorientation, merging, and splitting of microspikes were frequently observed. The rapid change in microspikes has limited the period of time for the observation of fluorescence recovery after photobleaching. However, as described below, since the recovery process was fast, I was able to follow
microspikes through most of the recovery processes.

Through the use of a laser microbeam, an area 3–4 μm in diameter was bleached at and surrounding a microspike. The recovery of fluorescence after photobleaching followed a highly polar pattern. It was first detected near the edge of the cell and then moved toward the cell’s center (Fig. 2). Both the microspikes and the surrounding diffuse area have similar kinetics, forming a uniform boundary during recovery. When the length of the recovered segment of the microspike was plotted against time, a straight line was obtained. From nine such plots, I obtained a rate of movement of 0.79 ± 0.31 μm/min (Fig. 3).

If the laser beam was aligned so that only the distal portion of the microspike was photobleached, the subsequent recovery appeared to involve a translocation of the bleached spot toward the center of the cell and through an area unbleached by the laser beam (Fig. 4). This was clearly demonstrated with the intensity profiles of the microspike during various stages of recovery (Fig. 5).

The pattern and kinetics of recovery were specific for actin. When tetramethylrhodamine-labeled ovalbumin was microinjected into the cell, it entered the lamellipodium with a slightly higher intensity than it entered the adjacent cytoplasm. This was probably due to a larger accessible volume in the lamellipodium (27). However, when the fluorescence was photobleached, the recovery was so fast that no bleached spot could be detected even in the first averaged image immediately after photobleaching (not shown).

To ensure that the recovery of fluorescence reflected normal exchange of actin subunits rather than repair of structures damaged by the laser beam, a microspike was partially bleached at the membrane-associated end. Immediately after the recording of the bleached image, the cell was extracted and fixed using a protocol that preserves the lamellipodium (20). Actin in the remaining cytoskeleton was stained with fluorescein-phalloidin. As shown in the image of injected actin (Fig. 6 c), some recovery occurred near the edge of the cell before fixation. However, the bleached spot was still clearly
Figure 4 Fluorescence recovery of a microspike partially bleached near the edge of the cell. The cell before bleaching is shown in a. A small portion of a microspike (arrow) near the edge of the cell is bleached at \( t = 0 \). Images are then recorded at \( t = 24 \) s (b), 50 s (c), 77 s (d), 105 s (e), 133 s (f), 159 s (g), 185 s (h), 212 s (i), 241 s (j), 274 s (k), 307 s (l), and 438 s (m). The microspike later splits into multiple small microspikes (m). Two neighboring unbleached microspikes merge and subsequently undergo partial disassembly during the period of observation (arrowhead). Bar, 5 \( \mu \)m. \( \times 3,700 \).
One important concern for experiments that involve photobleaching is the possibility of structural damage induced by the intense laser beam. Although it is difficult to rule out entirely the possibility of a laser-induced artifact, several arguments indicate that it is unlikely. First, the results with phalloidin-stained Triton cytoskeletons indicate that the microspike maintains its structural integrity, its resistance to Triton extraction, and its phalloidin binding sites after a partial photobleaching at the membrane-associated end. If recovery involved a repair of the damaged part of the spike rather than an exchange of subunits, then during recovery of partially bleached spikes one would expect to detect a discontinuity along the length of the spike with phalloidin staining. This is not the case here. In addition, if the physical continuity of the spike were disrupted at a level beyond the resolution of fluorescence microscopy, it would be difficult to explain the transport of the bleached spot along the microspike toward the center of the cell, as shown in Figs. 4 and 5. Finally, the pattern and the rate of recovery are not affected by the extent of photobleaching. If photobleaching damaged the actin in a way that affects its dynamic behavior, one would expect to detect a change in recovery dynamics and/or pattern as a function of the extent of photobleaching.

An explanation of the observed pattern of fluorescence recovery should consider several possible mechanisms. First, actin filaments in the lamellipodium may continuously detach from the edge of the cell and move toward the center. In addition, assembly of new filaments may occur constantly near the edge. This mechanism is improbable, since, under the electron microscope, most filaments in this region appear to associate with the edge of the cell and extend all the way across the lamellipodium (18, 20). Alternatively, if filaments are indeed continuous and maintain a constant length during recovery, the highly biased pattern of recovery can only be generated by a highly biased incorporation of subunits into the membrane-associated end, even though this end appears to be blocked by the membrane association. In addition, since both the microspikes and the surrounding area recover at a similar rate, forming a uniform boundary, it is likely that the entire lamellipodium is covered with filaments of similar kinetic properties.

At least in three specialized systems, similar accessibility of actin filaments at the fast, membrane-associated end has been suggested. First, Mooseker et al. observed that when isolated intestinal brush border was incubated with excess actin monomers, the core microfilaments, which have a uniform polarity with the fast ends associated with the membrane, can incorporate additional actin subunits at the membrane-associated end (14). Second, Tilney and Inoué analyzed the extension of the acrosomal process of the Thyone sperm (25). The elongation of actin filaments slowed with time, consistent with a requirement for the subunits to diffuse to the distal, fast end. Finally, Tilney et al. examined the pattern of the elongation of actin bundles in differentiating Limulus spermatids (24). Since the number of filaments of the bundle during early stages of differentiation was similar to that at the slow end in the mature sperm, they suggested that it was probably the fast, membrane-associated end that elongated during differentiation. The present experiments indicate that accessibility and exchangeability of subunits may be a general property of the fast, membrane-associated end of actin filaments, and may be involved in functions more general than those in microvilli or sperm.

The recovery at the fast end of the filament could be mediated through two possible mechanisms: same-end association-dissociation and opposite-end association-dissociation (treadmilling). As Zeeberg et al. (32) and Salmon et al. (17) pointed out, the two mechanisms have very different kinetics. If the recovery occurs predominantly through same-end association-dissociation, the movement of the boundary of recovery should slow rapidly as it reaches into the interior of the filaments. On the other hand, if treadmilling is the predominant mechanism, then a constant movement should be detected. Our data are clearly more consistent with the second mechanism. However, they do not exclude the possibility that same-end association-dissociation also occurs to some extent.

Another way to distinguish the two mechanisms is to photobleach only the distal portion of the spikes. If recovery occurs through association-dissociation at the membrane-
associated end, the bleached subunits should not move appreciably during the recovery. On the other hand, if treadmilling occurs, then the flux generated should carry the bleached subunits toward the center of the cell into unbleached areas, and eventually result in the dissociation of those subunits at the end away from the membrane. Our results, again, are consistent with the mechanism of treadmilling.

According to published kinetic constants (4, 16), one can calculate that treadmilling of pure actin filaments in vitro has a flux rate of 0.06 to 0.11 μm/min, which is much slower than the movement of the bleached spot (0.79 ± 0.31 μm/min). Therefore, if treadmilling does represent the mechanism of the movement of actin subunits in the lamellipodium, its rate is probably enhanced significantly by the interactions with other proteins and/or by the local ionic environment. For example, the rate of flux can be increased in the presence of profilin, which preferentially inhibits the addition of subunits to the pointed end (23). The proteins that mediate the association of the filament with the membrane may further promote the addition, or inhibit the dissociation, of subunits at the barbed end. Finally, since the exchange of subunits in vitro is highly dependent on ionic conditions (4, 16, 28, 30), the environment in the cytoplasm may further facilitate the treadmilling process.

The centripetal flux and possible treadmilling of actin subunits may play an important role in cell motility. First, based on simple microscopic observations, Abercrombie pointed out many years ago the possibility of a "steady retreat" of actin in the leading lamella (1), which is consistent with the present observation. Second, it has been observed that on the surface of lamellipodium there is a continuous centripetal flow of receptors and associated particles (3, 9). If the membrane relative to the submembranous cortex. Finally, as treadmilling alone or in combination with other processes, promote the addition, or inhibit the dissociation, of subunits to the pointed end (23). The proteins that mediate the association of the filament with the membrane may further promote the addition, or inhibit the dissociation, of subunits at the barbed end. Finally, since the exchange of subunits in vitro is highly dependent on ionic conditions (4, 16, 28, 30), the environment in the cytoplasm may further facilitate the treadmilling process.

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