Essential Synergy between Ca\(^{2+}\) and Guanine Nucleotides in Exocytotic Secretion from Permeabilized Rat Mast Cells

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Abstract. Rat mast cells, pretreated with metabolic inhibitors and permeabilized by streptolysin-O, secrete histamine when provided with Ca\(^{2+}\) (buffered in the micromolar range) and nucleoside triphosphates. We have surveyed the ability of various exogenous nucleotides to support or inhibit secretion. The preferred rank order in support of secretion is ITP > XTP > GTP >> ATP. Pyrimidine nucleotides (UTP and CTP) are without effect. Nucleoside diphosphates included alongside Ca\(^{2+}\) plus ITP inhibit secretion in the order 2'-deoxyGDP > GDP > d-GDP > ADP ≈ 2'deoxyADP ≈ IDP.

To learn about the train of postreceptor processes which control exocytosis in secretory cells, or indeed, almost any other form of cellular activation, it is advantageous to gain access, by permeabilization of the plasma membrane, to the intracellular environment. A number of procedures for membrane permeabilization have been devised that allow secretory cells to respond to extracellular ligands and intracellular second messengers (such as Ca\(^{2+}\), GTP, etc.) applied alone and in combination (20, 32). From such studies, two separate pictures have emerged. In platelets (23, 31), the Ca\(^{2+}\) requirement for exocytosis is shifted to lower concentrations when GTP analogues are present. Since phorbol esters and thrombin (24) modulate Ca\(^{2+}\)-induced secretion in a similar manner, it has been concluded that the effect of internalized GTP (anallogues), which activate polyphosphoinositide phosphodiesterase (13), is exerted through diacylglycerol, and hence phosphorylation by protein kinase C. In other systems such as rabbit neutrophils (5), it appears that Ca\(^{2+}\) and GTP analogues are both independently capable of activating exocytotic secretion by a mechanism not involving activation of protein kinase C.

We recently reported that mast cells permeabilized by treatment with streptolysin-O (a streptococcal cytotoxin) undergo an exocytotic secretory reaction, releasing histamine and \(\beta\)-N-acetylglucosaminidase in response to Ca\(^{2+}\) buffered at concentrations in the micromolar range (25). The lesions generated by streptolysin-O in liposomal membranes have a diameter in excess of 12 nm and are sufficient to permit fluxes of large proteins such as catalase, urease, and ferritin (12). Mast cells permeabilized with streptolysin-O lose >65% of lactate dehydrogenase within 5 min yet remain responsive to step changes of Ca\(^{2+}\), from pCa8 to pCa5 up to 10 min after permeabilization (25). In the present paper we pay special attention to the role of nucleoside triphosphates in the secretory reaction of streptolysin-O–permeabilized mast cells. We show that Ca\(^{2+}\)-dependent exocytosis does not require the presence of phosphorylating nucleotides but that a ligand able to bind at GTP regulatory proteins is essential.

Materials and Methods

All the methods used in this work have been described in earlier publications (21, 25). Mast cells were isolated from rat peritoneal washings by centrifugation (300 g, 15 min) through a cushion of BSA (35% wt/wt). They were washed by centrifugation and suspended at \(\sim 0.2 \times 10^6\) ml\(^{-1}\) in a solution (pH 6.8) comprising 173 mM NaCl, 2.7 mM KCl, 20 mM Pipes, 5.6 mM glucose, and BSA (1 mg ml\(^{-1}\)). In all experiments except those illustrated in Fig. 3, the mast cells were finally resuspended in a glucose-free buffer and treated with metabolic inhibitors (5 \(\mu\)M antimycin A plus 6 mM 2-deoxyglucose) 2 min before (Fig. 1) or at the time of permeabilization (Figs. 2, 4, and 6) with streptolysin-O (0.4 IU ml\(^{-1}\)). In such experiments reagents used were also made up in glucose-free buffer. In practice we have found that these treatments (i.e., 2-min preincubation with metabolic inhibitors, or addition of inhibitors at the time of permeabilization) are both equally capable of reducing the background release of histamine (at pCa5) to low levels (25).

In a typical secretion experiment, 1 vol of cells (30 \(\mu\)l) was added to 3 or 4 vol of a solution containing streptolysin-O, nucleoside triphosphate (as the Mg\(^{2+}\) salt) and calcium buffer (3 mM EGTA final). After incubation for 10 min at 37°C, the cellular reactions were quenched by addition of ice cold 0.15 M NaCl, buffered at pH 7 with 10 mM K phosphate and sedimented by centrifugation at 2,000 g for 5 min at 4°C (the secretion terminates in 3 min [25]) so the use of 10 min incubations ensures that com-

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The Journal of Cell Biology, Volume 105, July 1987 191-197
mine release was measured. Data are means ± SEM of three experiments, previously appeared as part of a figure in reference 25.

Permeabilization was achieved by streptolysin-O (0.4 IU ml⁻¹) in the presence of 3 mM Ca/EGTA (to maintain pCa5) and Mg²⁺ was set at 2 mM by the use of appropriate EGTA buffers which were prepared as previously described (21).

Experiments, o, ITP; △, XTP; △, GTP; ●, ATP; □, UTP; ○, CTP. The curves describing the dependence of secretion on ATP and ITP previously appeared as part of a figure in reference 25.

Results

Fig. 1 illustrates the dependence of histamine release from streptolysin-O-permeabilized mast cells on the concentration of exogenous nucleoside triphosphates. In this experiment, Ca²⁺ was buffered at 10 μM and Mg²⁺ was set at 2 mM by the use of appropriate EGTA buffers which were prepared as previously described (4, 25). The maximum error due to varying the concentration of ATP in the range of 0-5 mM was <0.02 pCa.

Streptolysin-O was obtained from Wellcome Diagnostics (Dartford, Kent, UK) as a partially purified culture filtrate and used without further purification. Compound 48/80 was purchased from Sigma Chemical Co. Ltd., Poole, Dorset, UK. All nucleotides were purchased from Boehringer Corporation Ltd., Lewes, Sussex, UK.

All determinations were carried out in duplicate and experiments were repeated on at least three occasions with similar results.

In the knowledge that the supportive nucleotides (i.e., ITP, XTP, and GTP) are also those that permit the activation of β-adrenergic receptor-linked Gₐ-adenylate cyclase system of turkey red blood cells (10), we tested the ability of the stable analogues, guanosine 5'-O-(3-thiotriphosphate), guanyl imidodiphosphate, and guanyln β, γ-methylenediphosphate (GTP-γ-S, GppNHp, and GppCH₂p, respectively) to support Ca²⁺-induced secretion. In these experiments phosphorylating nucleotides were not provided and metabolic inhibitors were added at the time of permeabilization. The results are shown in Fig. 2. All three nonphosphorylating analogues of GTP are able to support Ca²⁺-dependent secretion with the rank order GTP-γ-S > GppNHp > GppCH₂p. If ITP and other nucleotides which support secretion do so through interaction with a guanine nucleotide–binding protein, then we should anticipate that GDP and appropriate analogues might be inhibitory. 2′-deoxyGDP (1 mM) caused total inhibition of Ca²⁺-induced secretion (Fig. 3, top). GDP and periodate-oxidized GDP (o-GDP), both at 1 mM, reduced the extent of secretion due to pCa5 (in the presence of 5 mM ITP) by ~50%. Inosine diphosphate (IDP), xanthosine diphosphate (XDP), ADP, and 2′-deoxyADP caused only marginal inhibition (~20%). The concentration dependence of inhibition by 2′-deoxyGDP on Ca²⁺-induced secretion is illustrated in Fig. 3 (bottom). Inhibition by nucleoside diphosphates is characterized by a reduction in the apparent affinity for Ca²⁺ at the exocytotic site. The inhibition due to

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1. Abbreviations used in this paper: GppCH₂p, guanyln (β, γ-methylene) diphosphate; GppNHp, guanyln imidodiphosphate; GDP-β-S, guanosine 5'-O-(β-thiodiphosphate); GTP-γ-S, guanosine 5'-O-(3-thiotriphosphate); IDP, inosine 5'-diphosphate; ITP, inosine 5'-triphosphate; XDP, xanthosine 5'-diphosphate; XTP, xanthosine 5'-triphosphate.
Figure 3. (Top) Inhibition of ITP-supported, Ca\textsuperscript{2+}-induced histamine secretion by nucleoside diphosphates. Mast cells were permeabilized with streptolysin-O in a glucose-containing medium in the presence of 5 mM Mg\textsuperscript{2+}ITP, 3 mM Ca\textsuperscript{2+}EGTA (to buffer Ca over the range pCa7–5) and various nucleoside diphosphates (1 mM Mg\textsuperscript{2+} salts) as indicated. o, Control (no added nucleoside diphosphate); o, IDP; \triangle, ADP; \triangle, 2'-deoxyADP; m, periodate-oxidized GDP; \square, GDP; \triangledown, 2'-deoxyGDP. XDP (data omitted for clarity) was indistinguishable from IDP.

1 mM GDP was fully reversible by GTP\textgamma-S (100 \muM) (results not shown).

Fig. 4 illustrates the dependence on Ca\textsuperscript{2+} (pCa7–pCa5) and GTP\textgamma-S (1–100 \muM) of histamine secretion from the metabolically inhibited cells. To obtain maximum secretion it is necessary to apply a combination of 10 \muM Ca\textsuperscript{2+} plus 20 \muM GTP\textgamma-S. Similar results were obtained with GppNHp though higher concentrations are required (data not shown, but see Fig. 2). At suboptimal concentrations of guanine nucleotide, a higher concentration of Ca\textsuperscript{2+} is required to induce equivalent levels of secretion. Elevation of Ca\textsuperscript{2+} above 10 \muM (i.e., to 100 \muM [pCa4]) does not increase the extent of secretion which occurs at pCa5 either in the absence, or at any concentration of guanine nucleotide (data not shown). These experiments indicate that the combined presence of Ca\textsuperscript{2+} together with a nonphosphorylating analogue of GTP is sufficient to cause exocytotic secretion from permeabilized mast cells.

It is well known that histamine secretion from intact cells due to stimulating ligands (e.g., antigen, compound 48/80, calcium ionophores, etc.) is prevented by treatments that cause depletion of intracellular ATP. In view of the apparent nonrequirement for ATP for secretion from the permeabilized cells, we compared the effects of metabolic inhibitors on the secretory response from intact and from permeabilized cells. Fig. 5 illustrates the progressive onset of inhibition due to application of metabolic inhibitors before stimulation of secretion from intact cells by compound 48/80, and from streptolysin-O-permeabilized cells by the combination of Ca\textsuperscript{2+} (pCa5) and GTP\textgamma-S (20 \muM). After 5 min of preincubation with the combined metabolic inhibitors, ligand-induced secretion was totally suppressed; in contrast, secretion due to introduction of Ca\textsuperscript{2+} plus GTP\textgamma-S was reduced <10%. After 30 min of pretreatment with inhibitors it was still possible to elicit ~40% secretion from the permeabilized cells; full inhibition requires ~1 h of pretreatment with metabolic inhibitors.

While these data suggest that phosphorylation does not comprise a necessary step in the exocytotic event, we have asked whether the pattern of secretion could be modulated...
Figure 5. Effect of metabolic inhibition on secretion from intact and permeabilized cells. Mast cells were incubated at 37°C in a glucose-free medium supplemented with 2-deoxyglucose (6 mM) and antimycin A (5 μM) for the times indicated. Cells were then either stimulated with compound 48/80 (5 μg ml⁻¹ [●]) or permeabilized with streptolysin-O in the presence of 3 mM Ca/EGTA (pCa5) plus GTP-γ-S (20 μM) (●). For cells which were to be stimulated by compound 48/80, the incubation media also contained 1 mM MgCl₂ and 1.8 mM CaCl₂.

by the presence of ATP. Fig. 6 compares the dependence on Ca²⁺ (GTP-γ-S at 20 μM) and the dependence on GTP analogues (at pCa5) from streptolysin-O-permeabilized cells in the absence and presence of added ATP (1 mM). It is striking that the combination of Ca²⁺ plus GTP-γ-S is capable of eliciting the full expression of exocytotic activity from the metabolically depleted cells, and that ATP serves only to enhance their effective affinities. The nonphosphorylating analogue AppNHp (1 mM) was without effect (data not shown).

Analysis of the data relating secretion to Ca²⁺ concentration (Fig. 6, top) using a computer program (3) to fit the logistic expression (37)

\[
\% \text{secretion} = 100 \times \frac{[\text{Ca}^2+]^P}{[\text{Ca}^2+]^P + K^P}
\]

gives

\[
\log K = 5.92 \pm 0.02 \text{ and } P = 2.08 \pm 0.18 \text{ (GTP-γ-S, no ATP), and}
\]

\[
\log K = 6.34 \pm 0.02 \text{ and } P = 2.415 \pm 0.19 \text{ (GTP-γ-S + ATP).}
\]

For comparison when using ITP, we have previously shown that \( \log K = 6.06 \pm 0.05 \) and \( P = 1.66 \pm 0.15 \) (25).

The effective affinity for Ca²⁺ in the exocytotic process (stimulated by Ca²⁺ plus GTP-γ-S in the absence of ATP) is similar to that recorded earlier in experiments using Ca²⁺ plus ITP (25). In the presence of ATP the effective affinity for Ca²⁺ is enhanced by \( \sim 0.4 \) pCa units (this is a threefold increase in effective affinity). The values of the exponent, P, greater than unity, indicate that the concentration effect relationships are steeper than would be predicted by a simple Langmuir expression for Ca²⁺ binding.

The affinity for guanine nucleotides is increased to an even greater extent (\( \sim 10\)-fold) by ATP. We have not subjected these data to a formal analysis because there is a much greater variation between individual experiments (possibly due to the presence of impurities [13]) and also because the concentration of free guanine nucleotide at low (submicromolar) concentrations must be subject to perturbation in the absence of a suitable buffering system.

Figure 6. (Top) Effect of ATP on the dependence on Ca²⁺ of GTP-γ-S-supported secretion from metabolically inhibited cells. Mast cells were permeabilized with streptolysin-O in the presence (○) or absence (●) of 1 mM Mg/ATP in a glucose-free medium containing metabolic inhibitors, 3 mM Ca/EGTA (to buffer Ca²⁺ in the range pCa 7–5), and GTP-γ-S (20 μM). Results represent means ± SEM of seven experiments (no added ATP) or eight experiments (in the presence of 1 mM ATP). (Bottom) Effect of ATP on the dependence on GTP-γ-S and GppNHP of Ca²⁺-supported secretion from metabolically inhibited cells. Mast cells were permeabilized with streptolysin-O in the presence (open symbols) or absence (closed symbols) of 1 mM Mg/ATP in a glucose-free medium containing metabolic inhibitors, 3 mM Ca/EGTA (pCa5), and either GTP-γ-S (○-○, ●-●) or GppNHP (○-○, ●-●) at the concentrations indicated.
Discussion

The use of streptolysin-O to permeabilize mast cells provides a valid system to investigate intracellular events related to the exocytotic process (25). Similar to the use of patch pipettes (20), streptolysin-O permits the rapid efflux of solubile proteins (measured here as lactate dehydrogenase). In contrast, other methods of permeabilization (i.e., high voltage discharge [29], use of ATP" [8], Sendai virus [4, 21], and Staphylococcal α-toxin [1]) generate small lesions so that cytosol proteins are retained. Thus when using streptolysin-O as a permeabilizing agent, processes related to requirements for low molecular weight metabolites and the presence of O as a permeabilizing agent, processes related to require-

ments for nucleotides for secretion. In contrast, concentrated on the requirement of nucleotides for secretion. 

Previously we have shown that mast cells permeabilized in the presence of Ca²⁺ (in the range pCa 7-5), but in the absence of added nucleotide, will release ~30% histamine; this can be enhanced to a maximum of ~80% by 5 mM ITP (25). Unexpectedly we found that ATP is actually inhibitory when supplied in the range 0.05-1 mM. With cells treated with metabolic inhibitors, no secretion occurs in the absence of added nucleoside triphosphate.

It is apparent that different secretory cells display varying preferences for nucleoside triphosphates in support of the exocytotic reaction. Thus, Ca²⁺-induced secretion of amines and lysosomal enzymes from permeabilized platelets can be supported by both ATP and CTP [33]; lysosomal enzyme secretion from permeabilized neutrophils shows a preference for ATP but can also be supported by GTP > UTP > XTP > ITP > CTP while specific granule secretion (measured as lysozyme release) has an absolute requirement for ATP (4). Now, in the mast cells, we find that ATP provides the least support and for this reason alone it appears unlikely that the role of nucleoside triphosphates in secretion from these cells involves a conventional phosphorylation reaction.

Of six nucleoside triphosphates tested, ITP provides the best support to histamine secretion and at concentrations above 1 mM ITP > XTP > GTP >> ATP. The pyrimidine nucleoside triphosphates are without significant effect. At concentrations below 0.5 mM, ITP remains the most effective, but GTP > XTP. GDP and GDP analogues can inhibit Ca²⁺-induced secretion from cells supplemented with ITP (reversible by GTP-γ-S). Of the nucleoside diphosphates that we tested the most potent inhibitor is 2′-deoxyGDP which at concentrations less than 1 mM causes total blockade of secretion supported by 5 mM ITP: by comparison, the inhibitory effect of IDP is no greater than that due to ADP and XDP. The rank orders for activating nucleotides are similar to those described for the β-adrenergic system of turkey red blood cells (10): here, the sole difference lies in the absence of an inversion to give GTP > ITP at low nucleotide concentrations. In many other adenylate cyclase–activating systems it has been shown that GTP may be replaced by ITP with little loss of activity (15, 40, 46). Taken together, these observations suggest that the role of nucleoside triphosphates in the exocytotic reaction might be that of a ligand capable of binding and activating a GTP regulatory protein, rather than that of a phosphorylating agent. The demonstration of synergistic activation of histamine secretion by provision of Ca²⁺ together with nonphosphorylating derivatives of GTP to metabolically inhibited cells now provides supporting evidence for the role of a G protein in exocytosis. Again, the rank order among nonphosphorylating analogues of GTP (GTP-γ-S > GppNHp > GppCHp) is the same as that for other systems such as the activation of cGMP phosphodiesterase by transducin (47) and the activation of adenylate cyclase by G, in pigeon red blood cells (38).

Others have discussed the effects of metabolic inhibition and ATP depletion on the stimulus-secretion sequence of intact mast cells (26, 28, 34) and other secretory systems (e.g., platelets [2, 43, 44]) in terms of energy requirements. In contrast, it was recently reported (45) that trychocyst discharge in Paramecium cells can occur in the absence of ATP and that in this system ATP is actually inhibitory. On treatment with the combined inhibitors, antymycin A plus 2-deoxyglucose, the ATP content of mast cells declines to 10% of its normal level within 2 min [26]. In our present experiments, intact cells treated with metabolic inhibitors are unable to respond to stimulation by compound 48/80 after 5 min. By working with a permeabilized cell system we are in the position to identify with somewhat better precision the actual sites of action of ATP in this overall process. We find that such cells, refractory to stimulation by compound 48/80, remain fully responsive to introduction of Ca²⁺ plus GTP-γ-S.

It would appear that ATP is not required for the exocytotic reaction itself but may be important in the communication of signals by cell surface receptors to the cell interior. Seen in this context, one vital role of ATP in intact cells must be in operation of the inositol kinases for the maintenance of phosphatidylinositol-4,5-bisphosphate (16, 36), depletion of which would lead to failure to generate the second messengers inositol-1,4,5-trisphosphate and diacylglycerol. However, in view of the susceptibility of Ca²⁺ ionophore-induced secretion to metabolic inhibition (7, 18, 27), an alternative role for ATP in intact cells unrelated to the mechanism of receptor activation could be to sustain the level of GTP. This, as discussed below, may be involved both at the level of receptor activation and in the control of membrane fusion leading to exocytosis.

Our experiments also point to other roles for ATP since the sensitivities to Ca²⁺ and GTP (analogues) are shifted by approximately threefold and tenfold when it is supplied. Thus it is at least plausible that those proteins which bind and transduce the exocytotic response to Ca²⁺ and GTP are themselves phosphoproteins.

We have previously presented evidence for two sites of action of GTP in the stimulus-secretion coupling sequence of neutrophils (5, 19, 22). One site of action, Gα, transduces receptor signals to activation of polyphosphoinositide phosphodiesterase (13) and this results in the generation of two products, inositol 1,4,5-trisphosphate (which mobilizes Ca²⁺ from intracellular storage sites [9]) and 1,2-diacylglycerol (the activator of protein kinase C [35]). If it is Gα which is probed in the current experiments then effects of inositol 1,4,5-trisphosphate in liberating Ca²⁺ can safely be neglected in the permeabilized cells in which the concentration of Ca²⁺ is buffered by the presence of 3 mM EGTA. The other product, diacylglycerol, is likely to be retained in the plasma membrane, as it is in stimulated neutrophils (6). However,
since secretion can occur from metabolically inhibited cells and in the absence of added phosphorylating substrates, any effect of diacylglycerol is likely to be due to processes other than the activation of a protein kinase.

We consider that GTP also acts at a second site together with Ca²⁺ to cause secretion. In Sendai virus-permeabilized neutrophils we have shown that GTP (analogues) can stimulate exocytosis independent of polyphosphoinositide phosphodiesterase activation and involvement of Gₛ. We have called this second site Gₛ* (5, 19, 22). The characteristics of the control of secretion by guanine nucleotides in the streptolysin-O-permeabilized rat mast cells and the Sendai virus-permeabilized rabbit neutrophils (5) differ in the sense that the mast cells exhibit a dual requirement for both Ca²⁺ and GTP whereas lysosomal enzyme secretion from neutrophils can occur under conditions in which Ca²⁺ is suppressed below <10⁻¹⁰ M (5). Similar to the neutrophils, guanine nucleotides also induce Ca²⁺-independent secretion of insulin from RINm5F cells permeabilized by high voltage discharge (42) and of catecholamines from digitonin-permeabilized adrenal medullary cells in primary culture at pCa7 (11). A contrary effect of GTP and GTP analogues has been reported in freshly disaggregated bovine adrenal cells (permeabilized by high voltage discharge) in which Ca²⁺-induced secretion is inhibited (30) so it is possible that guanine nucleotides exert both stimulatory and inhibitory effects on Ca²⁺-induced secretion. We would stress that all evidence for the existence of Gₛ* is based on the measurement of secretion, and at this stage we can offer no information about its location, nor about possible structural relationships or homologies with the other G proteins exemplified by Gₛ, Gₛ₁ and Gₛ₂, all of which are likely also to be present in these secretory cells.

A particular feature of this work has been the use of streptolysin-O to permeabilize cells in order to introduce otherwise impermeant aqueous solutes into the cytosol. Streptolysin-O, a cholesterol-directed bacterial cytolysin (41) has been shown to permit efflux of proteins of molecular weight in excess of 400,000 in model systems (12) and in the mast cells we find that >65% lactate dehydrogenase leaks from the cells within 5 min of applying 0.4 IU ml⁻¹ of the toxin (25). By comparison with other methods of cell permeabilization such as high voltage electric discharge (29, 32, 39), use of ATP₄⁻ (exclusion of insulin) (8) and Staphylococcal α-toxin (1), none of which permit efflux of cytosol proteins, the lesions generated by streptolysin-O are very large indeed. An alternative method of gaining access to and controlling the composition of the cytosol is by the use of patch pipettes in the whole cell mode. Patch pipettes communicate with the cytosol through a single orifice having micrometer intermediate dimensions, a dependence on Ca²⁺ for secretion remains an absolute requirement.

In addition to the requirement for Ca²⁺, the data presented in this paper are suggestive of involvement of Gₛ in mast cell secretion. We have already remarked on the differential effect of ATP depletion on receptor-stimulated secretion from intact cells versus Ca²⁺ plus GTPγS-stimulated secretion from permeabilized cells. This suggests that Gₛ activation of polyphosphoinositide phosphodiesterase is necessary for transmembrane signaling but is not intrinsic to the exocytotic mechanism. Confirmation of a role for Gₛ comes from our observation that neomycin can selectively inhibit activation of polyphosphoinositide phosphodiesterase whilst leaving secretion intact (Cockcroft, S., T. W. Howell, and B. D. Gomperts, manuscript in preparation).

We thank the Medical Research Council, the Wellcome Trust, and the Arthritis and Rheumatism Council for generous support. S. Cockcroft is a Lister Institute fellow.

Received for publication 27 January 1987, and in revised form 10 March 1987.

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