Myosin and Paramyosin of *Caenorhabditis elegans* Embryos Assemble into Nascent Structures Distinct from Thick Filaments and Multi-Filament Assemblages

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Abstract. The organization of myosin heavy chains (mhc) A and B and paramyosin (pm) which are the major proteins of thick filaments in adult wild-type *Caenorhabditis elegans* were studied during embryonic development. As a probe of myosin-paramyosin interaction, the unc-15 mutation e73 which produces a glu342lys charge change in pm and leads to the formation of large paracrystalline multi-filament assemblages was compared to wild type. These three proteins colocalized in wild-type embryos from 300 to 550 min of development after first cleavage at 20°C on the basis of immunofluorescence microscopy using specific monoclonal antibodies. Linear structures which were diversely oriented around the muscle cell peripheries appeared at 360 min and became progressively more aligned parallel to the embryonic long axis until distinct myofibrils were formed at 550 min. In the mutant, mhc A and pm were colocalized in the linear structures, but became progressively separated until they showed no spatial overlap at the myofibril stage. These results indicate that the linear structures represent nascent assemblies containing myosin and pm in which the proteins interact differently than in wild-type thick filaments of myofibrils. In e73, these nascent structures were distinct from the multi-filament assemblages. The overlapping of actin and mhc A in the nascent linear structures suggests their possible structural and functional relationship to the "stress fiber-like structures" of cultured vertebrate muscle cells.

The processes underlying organization of myosin-containing thick filaments and actin-containing thin filaments into the regular myofibrillar arrays which define striated muscles are just beginning to be understood. Indeed, the assembly of the individual protein filaments although generally believed to result from self-assembly mechanisms, is likely to require additional proteins or their actions (Epstein and Fischman, 1991). Knowledge of the molecular nature and cellular location of the nascent structures in embryonic muscle is important for understanding myofibril assembly.

Arrays of thick and thin filaments are first detected in the vicinity of the plasma membrane of embryonic skeletal muscle cells in vitro and in ovo (Holtzer et al., 1957; Fischman, 1967; Kelly, 1969; Peng et al., 1981). Further developmental and morphological studies of these cells indicate that stress fiber-like structures (SFLSs), bundles of actin filaments in association with multiple cytoskeletal proteins and membrane components, play an important role in the formation of nascent myofibrillar structures (Kelly, 1969; Dlugosz et al., 1984; Peng et al., 1981; Schultheiss et al., 1990). Details of the mechanisms and molecular interactions by which SFLSs may act in early myofibril assembly are still unknown.

Recent work in the experimental genetic organisms *Drosophila* and *Caenorhabditis elegans* supports the hypothesis that membrane-associated cytoskeletal structures participate in the initiation and/or stabilization of nascent myofibrils, and inversely, myofibril assembly may stabilize membrane and extracellular interactions. Electron microscopic studies of developing flight muscles in *Drosophila* indicate that myofibril organization first occurs near the myotendon junction membrane although microtubules and not SFLSs appear to be involved (Reedy, M., and C. Beall. 1990. *Biophys. J*. 57:555a; Reedy, M., personal communication). The lethal *myospheroid* mutant which blocks muscle development in flies, is caused by a null mutation of integrin, a membrane protein which links the actin-based cytoskeleton and the extracellular matrix (MacKrell et al., 1988; Volk et al., 1990).

The significance of transmembrane connections is also emphasized by several studies in *C. elegans*. Nematode mutants producing no myosin heavy chain (mhc) A cannot assemble thick filaments and show alterations of muscle cell: hypodermal cell placement (Waterston, 1989). Similar phe-
Materials and Methods

Monoclonal Antibodies

Nematode Strains and Growth

Monoclonal Antibodies

Mouse mAbs anti-mhc A 5-6, anti-mhc B 5-8, and anti-pm 5-23 have been previously described by this laboratory (Miller et al., 1983; Ardizzi and Epstein, 1987). The anti-actin mAb C4 was the generous gift of Dr. James Lessard of the University of Cincinnati (Lessard, 1988).

The reactivity of the mAbs with homogenates of C. elegans embryos was analyzed by immunoblots of SDS-PAGE using alkaline phosphatase–derivated affinity purified anti–mouse antibody for detection as described previously from this laboratory (Vybiral et al., 1992).

For immunofluorescence microscopy, the mAbs for the thick filament proteins were purified as IgGs (Miller et al., 1983) and then directly coupled to either FITC or tetramethylrhodamine-5-isothiocyanate (RTIC). For example, 70 μg FITC were added to 1.0 mg IgG in a volume of 0.5 ml of 0.1 M sodium carbonate, pH 9.3, while stirring slowly at room temperature. The reaction mixture was incubated at 4°C in the dark. 162.5 μg RTIC were added to 2.5 mg IgG in 1.0 ml, mixed, and incubated similarly. The products were separated from unreacted reagents by Sephadex G-25 gel filtration which was developed in PBS (0.29 M NaCl, 0.072 M KH2PO4, 0.228 M Na2HPO4, pH 7.2) (Pharmacia LKB Biotechnology, Piscataway, NJ). Using ε360 = 2.17 x 10²⁶ cm²/mmol for IgG, ε494 = 7.2 x 10²⁵ cm²/mmol for fluorescein, and ε577 = 1.07 x 10²⁵ cm²/mmol for rhodamine, the derivatized mAbs used were determined to have 1–2 dye molecules conjugated per IgG molecule. For secondary localization of the anti-actin mAb, fluorescein-conjugated affinity purified goat anti–mouse IgG antibody (Cappel, Durham, NC) was used at a dilution of 1:100. mAb 5-6 was used at 2 μg/ml, and the other directly conjugated mAbs were used at 10 μg/ml.

Isolation of Embryos

Young adults which contain a small number of early embryos were raised at 20°C. The embryos were isolated by two methods. For untimed embryos, the gravid adults were collected in M9 buffer (Slushton and Brenner, 1974) and centrifuged (IEC Clinical, Needham Heights, MA) in 15-ml sterile tissue culture tubes (VWR Scientific Corp., Philadelphia, PA) at speed 3 for 5 min. The pelleted worms were resuspended in 10 ml of 1.25% sodium hypochlorite, 0.5 N NaOH, and shaken gently for 5–10 min to release the embryos and dissolve worm fragments. The free embryos were pelleted at setting 5 for 5 min, washed twice in cold M9 buffer, and resuspended in a minimal volume of buffer.

For timed embryos, washed worms were disrupted in the small rotor/holder of an Omni-Mixer (Dupont International, Newtown, CT) at 90 s at speed 7. The resulting free embryos and worm fragments were placed onto shallow depression well glass slides. Under a dissecting microscope, individual two-cell (for cleavage stage) embryos were removed with a drawn 50-μl capillary pipet and placed onto the surface of a 1% agar-coated slide. This stage lasts for only 10 min thus permitting precise timing. The embryos were incubated for specified times in a humidifying chamber at 20°C and collected in M9 buffer with a drawn pipet.

Preparation of Embryo Whole Mounts

Three different methods were used. For all three methods, acid-washed glass slides were coated by incubation with 0.2% gelatin, 0.1% poly-L-lysine (MW 150,000–300,000, Sigma Chem. Co., St. Louis, MO), and 0.01% chromium potassium sulfate, air dried, and then both incubation and drying were repeated.

In Method I, a drop of embryos suspended in M9 buffer was placed on a coated slide. A glass coverslip was placed on top, and the slide was immersed in liquid nitrogen for 10 s. The embryos were fractured while frozen by rapidly lifting off the coverslip with a razor blade. The slide was immediately immersed in 70% ethanol, incubated overnight at 4°C, and then incubated in 100% ethanol for 1 h at room temperature, air dried at 4°C, and stored until use.

In Method II, embryos were resuspended in 3% fresh paraformaldehyde in PBS and incubated for 10 min at room temperature. The fixed embryos were rinsed twice in cold doubly distilled H2O and placed in 3 ml of cold (~20°C) methanol as rapidly as possible. The fixed embryos were stored up to 3 wk at ~70°C in Eppendorf tubes (Brinkman Instruments, Inc., Westbury, NY).

In Method III, a drop of suspended eggs was placed on a coated slide, frozen and fractured, immersed first in methanol, and then in acetone, each at ~20°C for 4 min. The slide was then washed gently with PBS/0.05% Tween-20. The embryos were covered by 100 μl of the PBS/Tween-20 and incubated overnight at 4°C. In Method III, embryos were always reacted with antibodies on the following day.

Antibody Labeling

Method I embryos, mounted on slides, were incubated in 50 μl undiluted normal goat serum (GIBCO BRL, Gaithersburg, MD) for 30 min at 37°C. The embryos were then rinsed twice with PBS and incubated with the first antibody diluted in PBS/0.1% goat serum for 1 h at 37°C. After two washes in PBS, the embryos were incubated identically with the second antibody and washed twice again. Almost all liquid was then removed from around the embryos, and a 10 μl drop of 1 mg/ml p-phenylenediamine in 90%
Figure 1. pm and mhc A in adult wild-type body-wall muscle. Nematodes were double-labeled with (A) fluorescein-coupled anti-pm mAb 5-23 and (B) rhodamine-coupled anti-mhc A mAb 5-6. C and D are magnifications of the enclosed areas in A and B, respectively. All images are of immunofluorescence photomicrographs in this and succeeding figures. The bars in all figures are 10 μm. The arrowheads in C and D represent the center of an A-band.

glycerol/10% PBS, 5 mM bicarbonate-carbonate, pH 8.0, was added. The specimens were sealed by placing a coverslip on top of them and nail polish around its edges. Method III embryos were treated similarly except that goat serum was not used in the incubations or washes.

Method II embryos were rehydrated through a 80-20%, 50-50%, 20-80%, 0-100% methanol-water series. They were incubated with the first antibody in PBS/0.05% Tween-20/2% goat serum for 2 h at room temperature or 4°C overnight. The eggs were washed five times in the PBS/Tween/goat serum and incubated with the second antibody in the same manner. The slides were then washed 3 × 20 min with the PBS/Tween/goat serum and then 3 × 5 min with PBS. The slides were then equilibrated through a 20, 50, and 70% glycerol/PBS, pH 8.0 series, and then resuspended in 50-100 μl of 1 mg/ml p-phenylenediamine in 90% glycerol/10% PBS, 5 mM biocarbonate-carbonate pH 8.0. 10 μl of this mixture was added to clean slides and sealed as above.

Photomicroscopy

All photomicrographs were taken with a Zeiss Photomicroscope III (Zeiss, Göttingen, FRG) using Ilford XPI and XP2 400 films (Ilford Inc., Paramus, NJ) at ASA 3200-6300 and developed with Ilford processing chemicals. Prints were made on Kodak Kodabrome II RC professional paper.
Figure 2. Muscle development in wild-type embryos. Rhodamine-coupled anti-mhc A mAb 5-6 was reacted with embryos at the following times after first cleavage: (A) 300, (B) 330, (C) 360, (D) 390, (E) 420, and (F) 450 min.

Results

Wild-Type Adult Muscle Assembles MHC A and Paramyosin into Striated Myofibrils

Mhc A and mhc B are assembled into discrete locations within the myofibrils of body-wall muscles in adult and larval forms; mhc A is localized to medial lines whereas mhc B is found in the flanking regions of the thick filament-containing A bands within the myofibrils (Miller et al., 1983). As a basis for our studies with wild-type and mutant embryos, we performed similar experiments using mAbs 5-6 and 5-23 which are specific to mhc A and pm, respectively (Ardizzi and Epstein, 1987).
Figure 3. Controls for fixation and preparation of embryo whole mounts. Embryos were double-labeled with (A, C, and E) rhodamine-coupled anti-mhc A mAb and (B, D, and F) fluorescein-coupled anti-pm mAb. Fixation by (A and B) methanol/acetone, (C and D) 70% ethanol, and (E and F) 3% paraformaldehyde. The stages of embryos were (A and B) 420, (C and D) 450, and (E and F) 450 min. The arrowheads in this and succeeding figures are for reference to the same positions in companion micrographs.

All micrographs are shown at either a single standard magnification or a 2.5-fold higher magnification for enclosed areas and therefore, may be directly compared to one another. Both micrographs of all double-labeled specimens were photographed without change of focus for unbiased comparison.

All body-wall muscle cells and all A-bands within them doubly reacted with the two mAbs directly labeled with either fluorescein or rhodamine. As shown in Fig. 1, anti-mhc A labeled medial lines as previously reported. In contrast, anti-pm reacted more broadly. Surprisingly, central gaps in the labeling of pm were seen in many but not all A-bands. The comparison at high magnification of the two labeling patterns (Fig. 1, C and D) is reminiscent of the differences between mhc A and B (Miller, et al., 1983). Identical observations were made with each antibody alone either directly labeled or unlabeled followed by labeled secondary antibody.

Embryonic Muscle Cells Assemble MHC A and PM into Nascent Structures Morphologically Distinct from Myofibrils

Fig. 2 shows the expression and organization of mhc A as...
Figure 4. mhc A and mhc B in wild-type embryos. Embryos were double-labeled with (A, C, and E) rhodamine-coupled anti-mhc A and (B, D, and F) fluorescein-coupled anti-mhc B mAb 5-8. E and F are magnifications of enclosed areas in C and D, respectively. The stages of both embryos were 450 min.

Fig. 2, A and B show embryos at 300 and 330 min, respectively. Cell proliferation is still occurring at these times, and not all of the 81 embryonic muscle cells have begun to express mhc A. The labeling appeared perinuclear and presumably, was cytoplasmic. At the level of resolution of immunofluorescence microscopy, it could not be ascertained whether mhc A was assembled or soluble.

Fig. 2, C and D show embryos at 360 and 390 min, respectively. The muscle cells have become organized into columns of the body wall. mhc A was clearly organized into discrete linear structures, submicron to 3 μm in length. These linear structures appeared near the periphery of the cells and showed diverse orientations to the long axes of the embryos.

Fig. 2, E and F show embryos at 420 and 450 min, respectively. Many of the muscle cells have begun to elongate, and the linear structures in such cells have aligned parallel to the long axes. However, some cells were still at the rounded stage with peripheral linear structures as at the top of Fig. 2 E. It should be noted that none of the observed structures were large enough to contain the 10-μm long thick filaments of later larval and adult body-wall muscle cells (Mackenzie and Epstein, 1980).

As a test of the possibility that these linear structures were artifacts of fixation or preparation, 360–390 min embryos were prepared by three different methods and doubly labeled with mAbs to mhc A and pm as in Fig. 1. Fig. 3 shows that similar linear structures were observed by each of the methods. Remarkably, mhc A and pm exhibited very similar patterns over most of the muscle cells, however, clear focal differences were also observed.

To further assay the composition of the linear structures,
Figure 5. mhc A and actin in wild-type embryos. Embryos were double-labeled with (A, C, E, and G) rhodamine-coupled anti-mhc A mAb and (B, D, F, and H) indirectly fluorescein-labeled anti-actin mAb C4. The stages of embryos were (A and B) 360, (C and D) 360, (E and F) 450, and (G and H) 550 min.
As a test of the specificity of the reaction of these mAbs with embryos in contrast to adults or larvae, homogenates of mixed stage embryos were prepared by boiling in SDS/PAGE sample buffer and immediately separating the proteins on SDS/PAGE. Fig. 6 shows the immunoblot of such a separation reacted with the anti-mhc A, pm, and actin mAbs. The reaction of anti-mhc B could not be detected above background by alkaline phosphatase linkage. By comparison with the Amido Schwarz reaction (Fig. 6 A), the immunoreactive species (Fig. 6, B-D) were all relatively minor proteins in the embryos.

Interestingly, the order of amounts of proteins by weight detected in the embryos: actin > pm > mhc A or mhc A + mhc B is different than in adults where actin > mhc B > pm > mhc A (Harris and Epstein, 1977; Harris et al., 1977; Honda and Epstein, 1990). The reactions all appeared to be monospecific.

For most of the micrographs showing the reaction of embryos with fluorescein-conjugated mAbs, particularly the anti-mhc B and anti-pro mAbs, significant background fluorescence was observed. Several factors contributed to this problem. The weaker fluorescein signals required greater exposure times than the rhodamine images in general. Both kinds of signals were weaker in embryos than in larvae and adults because of the lesser amounts of filament proteins; the fluorescein was even more so. The signals with anti-mhc B and anti-pm mAbs were weaker than with anti-mhc A. However, these diffuse background reactions did not interfere with observing the muscle cell structures.

### The e73 Mutation Disrupts Myofibril Assembly in Adults and Later Embryos

Fig. 7 shows the markedly disruptive effects of the e73 mutation upon myofibrillar organization. The views and magnifications may be compared directly to those of Fig. 1. The locations of pm and mhc A bore little relationship to one another nor did they form any definite patterns. pm forms discrete structures, the MFAs, that are highly polymorphic and heterodisperse (Fig. 7 C) whereas mhc A appeared to fill the muscle cells amorphously (Fig. 7 D). The immunofluorescence detects many more and smaller MFAs than polarized light microscopy (Waterston et al., 1977). EM reveals that the pm forms the central paracrystalline regions of MFAs with mhc B-containing polar thick filaments and that mhc A is present in abnormal thick filaments which are not organized into regular myofibrillar arrays (Epstein et al., 1987; Waterston et al., 1977). Similar to other severely paralyzed strains, e73 adults are significantly smaller than wild-type adults because their impaired locomotion interferes with feeding (Epstein et al., 1974). Because of the worm’s thinness, the images involve superposition of muscle cells from two quadrants, and some MFAs will therefore falsely appear to cross cell boundaries.
Figure 7. pm and mhc A in adult e73 body-wall muscle. Adult e73 nematodes were double-labeled with (A) fluorescein-coupled anti-pm mAb and (B) rhodamine-coupled anti-mhc A mAb. C and D are magnifications of the enclosed areas in A and B, respectively.

The e73 disruption was evident in 2.5–3-fold (500–550 min) embryos (Fig. 8, C and D) with the pm localized in discrete bodies resembling in miniature the adult MFAs and the mhc A somewhat disarrayed. In contrast, wild-type embryos showed petite myofibrils in which pm and mhc A colocalized extensively (Fig. 8, A and B). The extent of spatial dissociation between mhc A and pm in the e73 embryos is indicated by the MFAs being out-of-focus (Fig. 8 D) when the mhc A-containing structures are in-focus (Fig. 8 C). In the wild-type embryos, the pm- and mhc-containing structures were in the same focal plane (Fig. 8, A and B).

Early Wild-Type and e73 Embryos Produce Very Similar Structures

Figs. 9 and 10 show that the nascent linear muscle structures of 360–390 min embryos are very similar in wild-type and
Figure 8. mhc A and pm in wild-type and e73 embryonic myofibrils. 2.5-3-fold embryos of (A and B) wild-type and (C and D) e73 strains were double-labeled with (A and C) anti-mhc A mAb and (B and D) anti-pm mAb. The stages of the embryos were (A and B) 500-550 and (C and D) 550 min.

The thick filament proteins, mhc A, mhc B, and pm extensively colocalized through the early stages of muscle morphogenesis in wild-type C. elegans embryos. Four morphologically distinct stages were detected by immunofluorescence microscopy using specific mAbs. From 300 to 330 min, diffuse cytosolic staining of the early muscle cells with nuclear exclusion was apparent. From 360 to 390 min, distinct linear structures were detected around the peripheries of the muscle cells. From 420 to 450 min, the linear structures became progressively more aligned to the long axis of the embryos. From about 550 min, myofibrils with distinct A bands were apparent. Actin was similarly localized to the linear structures although its appearance was more punctate and its extent more limited than mhc A.

The unc-15 pm mutation e73, a glu3421ys single charge substitution, disrupts the interactions between mhc A and pm in adult thick filaments, produces myofibril disarray, and favors the formation of highly polymorphic MFAs containing paracrystalline assemblies of pm (Epstein et al., 1987; Gengyo-Ando and Kagawa, 1991; Waterston et al., 1977). Similar disruption of myofibril assembly and formation of pm-containing MFAs was found in threefold e73 embryos. The mutation did not affect colocalization of pm with mhc A in the linear structures of 360-390-min embryos, however, discrete localization of pm was detected in the next stage of progressive alignment.

The linear structures are termed nascent because they are the first structures recognized by immunofluorescence microscopy in nematode embryos. These nascent structures are distinct from the myofibrils of later stages because of the extensive colocalization of the three thick filament proteins, their close spatial relationship to actin-containing structures, and their arrangement about the peripheries of the muscle cells. The assembly of the thick filament proteins in the nascent linear structures must involve interactions distinct from those in wild-type thick filaments of later stages because of the lack of disruption by the e73 mutation. The size (<5 μm in diameter) and rounded shape of the early embryonic muscle cells would preclude the formation of 10-μm long thick filaments of adult body-wall muscle cells (Gossett et al., 1982; Mackenzie and Epstein, 1980). It should be noted that even the myofibril-containing muscle cells of the threefold embryos would be too small to contain adult-size thick filaments (see Figs. 2 F, 5, G and H; 8, A and B).

An earlier report from this laboratory suggested that MFAs might represent precursors of thick filaments that were blocked by mutation (Epstein et al., 1987). Since the
nascent structures could also be candidates for a precursor in the assembly of embryonic thick filaments, the question as to whether nascent structures and MFAs are closely related or identical structures, is important. Our results found the MFAs and nascent structures to be distinct in several ways. The appearance of the nascent structures preceded that of the MFAs in e73 embryonic muscle cells. MFAs did not contain mhc A in contrast to the nascent structures. MFAs did not first appear near the peripheries of the muscle cells as did the nascent structures. We conclude that the nascent structures and MFAs are not normal and mutant versions, respectively, of the same structure, but are distinct assemblies.

Genetic experiments from other laboratories indicate that the nascent structures and their association with the cell membrane may be necessary for normal muscle development. In C. elegans, mutations in deb-1 which encodes for vinculin, a putative linking protein between the actin cytoskeleton and the membrane, (Barstead and Waterston, 1991) and mup-1 which is suggested to encode for an extracellular membrane component (Goh and Bogaert, 1991) produce similar phenotypes to those of mutations in myo-3 which are deficient in mhc A and blocked at these early embryonic stages of myofibril assembly (Waterston, 1989). The spatial contiguity of actin-containing structures with the nascent structures containing the thick filament proteins that we have shown suggests a connection between our results and the findings of others (Coutu, M. D., B. D. Williams, and R. H. Waterston. 1992. Mol. Biol. Cell. 3:251a.). Although neither our results nor these experiments formally prove that the nascent linear structures are either precursors of thick filaments and myofibrils or scaffolds for their assembly, we
Figure 10. mhc A and pm in e73 embryonic development. Times after first cleavage were (A, B, E, and F) 360 and (C and D) 450 min. Embryos were double-labeled with (A and E) rhodamine-coupled anti-mhc A mAb, (B and F) fluorescein-coupled anti-pm mAb, (C) fluorescein-coupled anti-mhc A mAb, and (D) rhodamine-coupled anti-pm mAb. E and F are magnifications of the enclosed areas in A and B, respectively.

present models in which the nascent structures play a necessary role in these assembly reactions in vivo (Fig. 11, II and III) as well as their being an alternative assembly of mhc A, mhc B, and pm (Fig. 11 I). These models may be tested in the future, possibly by genetic experiments. In contrast, the MFAs are most likely to represent a pathway of assembly of pm and other thick filament proteins which is alternative to normal thick filament assembly (Fig. 12 II).

The spatial association but not identity of actin-containing structures with the nascent linear structures suggests that SFLSs similar to those of developing vertebrate muscle cells (Kelly, 1969; Peng et al., 1981; Dlugosz et al., 1984; Schulteiss et al., 1990) may play important roles in early myofibril assembly in C. elegans embryos. More rigorous examination of this question by EM of serially sectioned embryos (Sulston et al., 1983) using fixation methods (Krieg et al.,...
**Myofibril Assembly Pathway**

**Model I:** Parallel, Independent

- Nascent Structures → Thick Filaments → Myofibril
- MHC A, B
- Paramyosin

**Model II:** Precursor

- Nascent Structures → Thick Filaments → Myofibril
- MHC A, B
- Paramyosin

**Model III:** Mixed Models I, II

- Nascent Structures → Thick Filaments → Myofibril
- MHC A, B
- Paramyosin

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**Figure 11.** Schematic diagram of different models for roles of nascent structures. In Model I, the nascent structures are alternative assemblies to thick filaments and myofibrils that are favored during embryonic myogenesis. In Model II, the nascent structures are part of the pathway for assembly of free thick filaments and myofibrils. In Model III, the thick filament proteins can be assembled into nascent structures, free thick filaments or thick filaments within myofibrils, and both nascent structures and free thick filaments are precursors of myofibrils.

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**Multi-Filament Assemblages**

**Model I:** Precursor to Thick Filament

- Myosin A, B
- Paramyosin → Nascent Structures → MFAs → Thick Filaments

**Model II:** Alternative to Thick Filament

- Myosin A, B
- Paramyosin → Nascent Structures → MFAs → Thick Filaments

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**Figure 12.** Schematic diagram of different models for relationship of multi-filament assemblages and nascent structures. In Model I, MFAs are intermediates in the assembly of thick filaments. In Model II, MFAs are alternatives to thick filament assembly.

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