α5β1 integrin recycling promotes Arp2/3-independent cancer cell invasion via the formin FHOD3

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Invasive migration in 3D extracellular matrix (ECM) is crucial to cancer metastasis, yet little is known of the molecular mechanisms that drive reorganization of the cytoskeleton as cancer cells disseminate in vivo. 2D Rac-driven lamellipodial migration is well understood, but how these features apply to 3D migration is not clear. We find that lamellipodia-like protrusions and retrograde actin flow are indeed observed in cells moving in 3D ECM. However, Rab-coupling protein (RCP)-driven endocytic recycling of α5β1 integrin enhances invasive migration of cancer cells into fibronectin-rich 3D ECM, driven by RhoA and filopodial spike-based protrusions, not lamellipodia. Furthermore, we show that actin spike protrusions are Arp2/3-independent. Dynamic actin spike assembly in cells invading in vitro and in vivo is regulated by Formin homology-2 domain containing 3 (FHOD3), which is activated by RhoA/ROCK, establishing a novel mechanism through which the RCP-α5β1 pathway reprograms the actin cytoskeleton to promote invasive migration and local invasion in vivo.

Introduction

Malignant transformation and metastatic spread is the main cause of death in cancer patients. To metastasize, cells must acquire the ability to migrate and invade in 3D matrices, requiring dynamic reorganization of the actin cytoskeleton to alter morphology and provide protrusive force (Bravo-Cordero et al., 2012). Cancer cells are understood to adopt a range of migratory strategies, from collective to single cell invasion, and the mechanisms that drive protrusion are thought to be dictated by Rho GTPases (Sanz-Moreno et al., 2008). For example, the leader cells in collective invasion and single “mesenchymal” cells migrate in a Rac-dependent manner (Friedl and Alexander, 2011; Friedl et al., 2012; Bravo-Cordero et al., 2012; Theveneu and Mayor, 2013), with the mechanisms of actin polymerization, protrusion, and force generation thought to be reliant on Arp2/3, analogous to lamellipodial migration in 2D (Law et al., 2013; Giri et al., 2013; Krause and Gautreau, 2014). Lamellipodium-independent 3D migration strategies have also been described. Single cells can adopt an “amoeboid” migration strategy, similar to the movement of leukocytes, whereby RhoA/ROCK activity promotes actomyosin contractility and membrane blebbing to provide protrusive force (Friedl and Alexander, 2011), and lobopodial migration is driven by RhoA/ROCK-mediated contractility, providing the force to drive nuclear pistoning (Petrie et al., 2012, 2014). Both of these mechanisms require actomyosin contractility at the rear of the cell to drive an increase in hydrostatic pressure and forward movement of the cell in the absence of actin polymerization–dependent protrusive structures. We have recently shown that Rab-coupling protein (RCP)-mediated α5β1 integrin recycling locally activates RhoA at the cell front to promote formation of pseudopodial protrusions tipped by actin spikes (Jacquemet et al., 2013a). However, an understanding of how the molecular mechanisms underlying lamellipodial protrusion in 2D are reflected in 3D, and how nonlamellipodial actin-based protrusions are dynamically regulated in 3D, is lacking.

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Abbreviations used in this paper: CDM, cell-derived matrix; CFSE, carboxyfluorescein succinimidyl ester; DAD, diaphanous autoregulatory domain; dpi, day postinjection; DRF, Diaphanous-related formin; FN, fibronectin; MSD, mean square displacement; paGFP, photoactivatable GFP; RCP, Rab-coupling protein; ROI, region of interest; SIM, structured illumination microscopy.

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Integrins are α/β heterodimeric receptors that mediate communication between the cell and the ECM, capable of eliciting a plethora of signaling responses to effect a host of functional outcomes (Hynes, 2002; Legate et al., 2009; Ivaska and Heino, 2011). Although integrins alone are not oncogenic, dysregulation of integrin signaling is frequently a prognostic indicator of tumor progression (Desgrosellier and Cheresh, 2010). For example, in high-grade ovarian tumors, αvβ3 integrin expression is down-regulated (Maubant et al., 2005) and patients with high β3 integrin expression have an improved prognosis (Kaur et al., 2009), whereas high expression of α5β1 integrin is an indicator of a poor outcome (Sawada et al., 2008).

The endocytic trafficking of integrins plays an important role in regulating integrin function during cell division and migration (Caswell and Norman, 2006; Pellinen and Ivaska, 2006; Caswell et al., 2009; Bridgewater et al., 2012; Jacquemet et al., 2013). In particular, the recycling of the fibronectin (FN) receptor α5β1 promotes invasive migration in 3D ECM (Caswell et al., 2007, 2008; Caswell and Norman, 2008; Muller et al., 2009; Dozynekiewicz et al., 2012). Rab coupling protein (RCP, Rab11-FIP1) can interact with α5β1 to control its recycling, and inhibition of αvβ3 integrin (with small-molecule inhibitors, e.g., cilenitide, cRGDfV; or soluble ligands, e.g., osteopontin) or expression of gain-of-function mutant p53 (e.g., R273H, R175H) promotes the association of RCP with α5β1 and leads to rapid recycling of this integrin (Caswell et al., 2008; Muller et al., 2009). RCP–α5β1 vesicles accumulate in protrusive pseudopods in 3D matrix, driving their extension and resulting in invasive migration (Caswell et al., 2008; Rainero et al., 2012). Rather than directly influence the adhesive capacity of the cell, RCP-driven α5β1 recycling coordinates signaling of receptor tyrosine kinases (RTKs, including EGFR1 and c-Met; Caswell et al., 2008; Muller et al., 2009) to drive polarized signaling within the tips of invasive pseudopods through the RacGAP1–IQGAP1 complex. This leads to local suppression of activity in the small GTPase Rac1 and increased activity of RhoA, which drives extension of long pseudopodial processes tipped with actin spikes at the cell front, as opposed to formation of wave-like structures, enabling subsequent migration and invasion in 3D ECM (Jacquemet et al., 2013).

Reorganization of the actin cytoskeleton to promote actin-based protrusion requires actin filament elongation, catalyzed by actin assembly factors that promote nucleation and/or elongation of actin filaments (Nürnberg et al., 2011; Krause and Gautreau, 2014). The Arp2/3 complex polymerizes actin filaments as branches from existing filaments, generating a complex, dense, and highly branched network of actin filaments, such as that seen within the lamellipodium of cells migrating in 2D (Krause and Gautreau, 2014). Actin polymerization within the lamellipodium pushes filaments against the membrane at the leading edge, and this force, combined with actomyosin contractility, generates retrograde flow of actin filaments and complexes associated with the actin network (Lai et al., 2008). Some of these rearward-sliding actin filaments are captured by integrin adhesion complexes that form within the lamellipodium; this acts as a “molecular clutch” to transfer retrograde actin flow into protrusive traction force, driving the lamellipodium forward (Gardel et al., 2008; Thievessen et al., 2013). Filopodia are an alternate class of protrusion found at the leading edge of migrating cells that can be generated through Arp2/3-dependent (convergent elongation) and -independent (tip nucleation) means of actin polymerization (Mattila and Lappalainen, 2008; Mellor, 2010). Filopodia contain more stable F-actin bundles, and rates of protrusion and retrograde flow are inversely correlated (Mallavarapu and Mitchison, 1999). Formins promote the formation of unbranched actin filaments by nucleating actin polymerization at the barbed end proce- sively and promoting elongation by resisting capping (Mattila and Lappalainen, 2008; Mellor, 2010; Nürnberg et al., 2011). Diaphanous-related formins (DRFs) are effectors for Rho GTPases, which bind to DRFs to relieve the autoinhibitory interaction between the diaphanous inhibitory domain (DID) and the diaphanous autoregulatory domain (DAD), and have been reported to play a role in filopodia formation and contribute to lamellipodial extension (Peng et al., 2003; Pellegrin and Mellor, 2005; Block et al., 2012). The DRFs FMNL2 and FMNL3 have further been shown to play a role in migration in 3D matrix (Kitzing et al., 2010; Vega et al., 2011), although how they contribute to actin-based protrusion is currently unclear.

In the present study, we have interrogated the dynamics of actin-based protrusion in migrating and invading carcinoma cells. We find evidence of retrograde flow in wave-like lamellipodial protrusions in 3D matrix; however, upon increasing the invasive capacity of cells by promoting RCP–α5β1 trafficking, we observe more stable long filopodia that form actin spike protrusions. RCP–α5β1 trafficking increased local invasion of cancer cells in vivo, where cells exhibit dynamic actin spike protrusions. Furthermore, we show that formation of actin spikes is Arp2/3-independent, but requires ROCK-mediated phosphorylation and activation of the DRF Formin homology domain-2 containing 3 (FHOD3). Finally, FHOD3 is required for local invasion in vivo, downstream of RCP–α5β1 trafficking, providing evidence that integrin trafficking dictates a novel actin polymerization program to promote actin spike protrusion formation and invasion in 3D microenvironments.

Results

RCP-α5β1 integrin trafficking alters F-actin dynamics in cell protrusions

Retrograde flow of actin filaments is a feature of lamellipodial migration, which, when coupled to integrin adhesion complexes, provides a powerful force driving forward movement of cells (Gardel et al., 2008; Lai et al., 2008; Thievessen et al., 2013). We used a photoactivation approach in cells expressing photoactivatable GFP (paGFP)-actin and Lifeact-mRFPmrs in combination with spinning disk confocal microscopy to analyze retrograde actin flow in carcinoma cell lines migrating on 2D surfaces. Upon activation of paGFP-actin within a small region (5 µm²) at the leading edge of the lamellipodium, evidence of retrograde flow could be seen in A2780 ovarian cancer cells and H1299 non-small cell lung cancer cells, as a pool of photoactivated paGFP-actin dissipated from the photoactivated region at a slower rate than freely diffusible paGFP and passed through a region of interest (ROI) immediately behind that activated within ~30 s (Fig. S1, A and B).

We have previously shown that RCP-α5β1-dependent trafficking, induced by inhibition of αvβ3 integrin (using cRGDfV, a selective cyclic peptide inhibitor of αvβ3 integrin) or mutant p53 expression promotes the formation of dynamic actin-rich protrusions that actively ruffle to promote rapid but less directionally persistent migration in 2D (Caswell et al., 2008; Muller et al., 2009). Upon activation of paGFP-actin within
dynamically ruffling protrusions, the lower rate of diffusion of paGFP-actin away from the photoactivated region suggested that these structures were more stable, and retrograde flow of actin filaments was also slowed as a lower level of photoactivated paGFP-actin dispersed through the region immediately behind that photoactivated (Fig. S1, A and B).

While there is evidence that Rac and downstream effector pathways leading to activation of Arp2/3 (Sanz-Moreno et al., 2008; Giri et al., 2013; Law et al., 2013) play a role in 3D migration, there is little evidence to suggest that the mechanism that drives lamellipodial traction force in 3D ECM is linked to retrograde actin flow. We seeded carcinoma cells onto cell-derived matrix (CDM), a linearly elastic 3D matrix made up of fibrillar collagen and FN (Cukierman et al., 2001; Petrie et al., 2012, 2014). Under basal conditions, A2780 cells formed wave-like protrusions resembling small lamellipodia toward the cell front (reflecting Rac activity localized in this subcellular region; Jacquetem et al., 2013a), structures that have been noted previously in different cell lines in 3D ECM (Petrie et al., 2012; Giri et al., 2013; Jacquetem et al., 2013a). Upon activation of paGFP-actin at the leading edge of these protrusive structures, retrograde flow of actin was clearly observable within the region immediately behind that activated (Fig. 1, A–C; and Video 1), with similar kinetics to those observed in 2D. Interestingly, when RCP–α5β1 trafficking was induced with cRGDFV, protrusions again appeared more stable, and F-actin structures showed slower rates of retrograde flow (Fig. 1, A–C; and Video 1). Moreover, the dynamics of RCP-driven actin in MDA-MB-231 cells, which express an endogenous gain-of-function mutant p53, suggest that these cells generate F-actin protrusions that are not subjected to rapid retrograde flow in FN-rich ECM (Fig. S1 C). These data suggest that RCP–α5β1 integrin-driven actin-based protrusions are relatively stable and exhibit low rates of retrograde flow.

**Promoting RCP–α5β1 trafficking leads to the formation of F-actin spikes and increased invasion in vivo**

RCP–α5β1 integrin trafficking leads to an increase in F-actin density at protrusions of cells migrating in 3D CDM or high-concentration collagen/FN hydrogels (Jacquetem et al., 2013a). Live-cell spinning disk imaging, capturing z-stacks of A2780 cells transfected with Lifeact-mEGFP migrating in CDM over time courses that expose protrusive events, revealed small, wave-like protrusions under basal conditions, which, like 2D lamellipodia, were made up of F-actin veins below filopodia (Fig. 1 D and Video 2). Upon addition of cRGDFV to promote RCP–α5β1 recycling, cells migrating in 3D CDM formed large actin spike–based protrusions (Fig. 1 E and Video 2). Using an unbiased analysis to mask protrusions at the front of migrating cells over many frames (Fig. 1, F and G), we found that RCP–α5β1 trafficking generates larger protrusive areas (Fig. 1 H). H1299-Vec cells, which move with broad lamellipodia in 2D (Fig. S1 B; Muller et al., 2009), possess wavelike lamellipodia in 3D CDM; however, upon expression of mutant p53 in H1299 cells, dynamic burst of spikelike structures were observed (Fig. S2, A and B). Similarly, MDA-MB-231 cells also displayed intense clusters of actin spikes, which were concentrated at cell protrusions in the direction of cell migration (Fig. S2 C). Structured illumination microscopy (SIM) enabled the resolution of bundled F-actin filaments within protrusions as cells move in 3D CDM, and revealed a switch from predominantly lamellipodial protrusion to an increase in the number and length of filopodia at the tips of invasive pseudopods upon induction of RCP–α5β1 trafficking with cRGDFV (Fig. 1, I–K). Live imaging further demonstrated that filopodial lifetime was also increased in cRGDFV-treated cells (Fig. S2 D). These data suggest that, in several carcinoma cells lines, signaling downstream of RCP–α5β1 trafficking suppresses lamellipodia formation and promotes formation of filopodia that are arranged into F-actin spikes in the direction of migration in 3D CDM.

We have previously demonstrated that RCP-driven recycling of α5β1 and co-cargo RTKs, induced by inhibition of αβ3 integrin or mutant p53 expression, leads to increased invasion into FN-rich ECM (Caswell et al., 2008; Muller et al., 2009, 2013), and gain-of-function mutant p53 promotes metastasis in genetically engineered mouse models (Caulin et al., 2007; Adorno et al., 2009; Muller et al., 2009; Doyle et al., 2010; Arjonen et al., 2014). We sought to determine whether manipulation of α5β1 integrin trafficking could influence local invasion in a physiologically relevant in vivo environment, a zebrafish xenograft model in which melanoma cells have been shown to disseminate in association with collagen and FN (Chapman et al., 2014). Under basal conditions, cells formed a xenograft tumor mass in the pericardial cavity, but showed negligible signs of dissemination through surrounding tissue (Fig. 2, A, C, D, and F). Upon addition of cRGDFV (A2780 cells) or expression of mutant p53 R273H (H1299 cells), a significant increase in the ability of cells to locally invade into the jaw region of the embryo was observed (Fig. 2, B, C, E, and F), suggesting that promoting RCP–α5β1 trafficking increases the capacity of cells to invade an in vivo tissue environment.

Casper strain zebrafish are amenable to imaging, so we next investigated the dynamics of F-actin protrusions in cells invading in vivo. A2780 cells stably expressing Lifeact-mRGFP were injected into zebrafish embryos and allowed to invade for 48 h before live spinning disk confocal imaging. Invading cells possessed large spike-like F-actin protrusions in the direction of invasion (Fig. 2, G–I), which appeared to be larger and thicker structures than those observed in cells migrating in vitro, but clearly showed dynamic actin polymerization and depolymerization (Fig. 2 I and Video 3). Together these data reveal that RCP-driven α5β1 integrin trafficking leads to the formation of filopodia and actin spikes (but not lamellipodia or membrane blebs) and local invasion in vivo.

**The Arp2/3 complex is not required for RCP–α5β1-driven actin polymerization and invasive migration**

We next sought to identify potential downstream effectors of the RCP–α5β1 integrin pathway that led to altered morphology and dynamics of actin-based protrusion. CK-666, an Arp2/3 inhibitor (Nolen et al., 2009), caused lamellipodia to collapse under basal conditions in 2D, whereas the inactive analogue CK-689 had no effect (Fig. S3 A). However, CK-666–treated cells were able to form protrusions in the direction of migration, similar to actin-rich ruffling protrusions that form in response to RCP–α5β1 trafficking (Fig. S1 A; Caswell et al., 2008) and knockdown of ArpC2 or ArpC3 (Fig. 3 A). CK-666–treated A2780 cells moved in a rapid but less directionally persistent manner (Fig. S3, B–E), similar to the 2D migratory phenotype observed upon induction of RCP-driven α5β1 recycling (cRGDFV), while migration of mouse embryonic fibroblasts was impaired by these concentrations of CK-666 (Fig. S3 F), as previously
Figure 1. RCP-α5β1 integrin trafficking promotes actin spike formation. (A) A2780 cells transiently transfected with Lifeact-mRFPmars and paGFP-Actin were seeded onto 3D CDM 4 h before imaging and treated with cRGDFV (2.5 µM, 2 h) as indicated. Yellow broken lines mark the center of the photoactivated region. The boxed regions are enlarged in the insets. (B and C) ROI1 was photoactivated and cells were imaged every second for 100 s. Normalized intensity was analyzed for ROI1 (B) and ROI2 (C; n = 15 [−cRGDFV], n = 16 [+cRGDFV]). Blue bars indicate time points at which datasets are significantly different (P < 0.01; Student’s t test). Yellow arrows indicate the direction of protrusion. Error bars represent the SEM. (D and E) A2780 cells transiently transfected with Lifeact-mEGFP were seeded as in A and z stacks were captured (7 sections, 0.2 µm intervals) on a spinning disk confocal microscope every minute for >25 min. Z projections are shown. White arrowheads indicate lamellipodia-like actin veils, red arrowheads indicate actin spikes. The white boxed regions are enlarged on the right, and the kymograph images are taken from the yellow boxed regions. (F and G) Quantification
observed (Wu et al., 2012). Moreover, Arp2/3 inhibition had no significant influence on 2D migration in the presence of crGDIV (Fig. S3, B–E). RCP–α5β1-driven morphology and migration in 3D CDM was unaffected by ArpC2 and ArpC3 knockdown (Fig. 3, B–D; and Fig. S3, H–J) or Arp2/3 inhibition (Fig. 3, F and G; and Fig. S3 G), and under basal conditions these interventions did not influence migration (Fig. 3, C, F, and G; and Fig. S3, G and I), but ArpC2 knockdown and CK-666–treated A2780 cells appeared to extend longer pseudopodial protrusions (Fig. 3, D and H; and Fig. S3 J). Interestingly, Arp2/3 inhibition did not abrogate the recycling of α5β1, and in fact induced a modest increase in recycling under basal conditions (Fig. S3 K). Furthermore, inhibition of Arp2/3 promoted the accumulation of RCP-containing vesicles to pseudopod tips (Fig. S3, L and M), suggesting that Arp2/3 could oppose RCP–α5β1 trafficking. These data indicate that in cancer cells Arp2/3 is not always required for migration, and may even suppress RCP–α5β1-driven signaling to the cytoskeleton and filopodial actin spine formation.

Live imaging of A2780 cells expressing Lifeact-mEGFP showed that cells treated with crGDIV were still able to generate large, filopodia-based protrusions upon addition of CK-666 and CK-689 (Fig. 3, E and H; and Video 4). Furthermore, Arp2/3 inhibition had no significant influence on the very low basal level of A2780 cell invasion, nor did it affect RCP–α5β1-driven invasion into plugs of FN-rich fibrillar collagen (Fig. 3 I). Together, these data suggest that RCP–α5β1-driven protrusion, migration, and invasion are not reliant on Arp2/3-mediated actin polymerization, suggesting that other pathways influence actin dynamics in this context.

**Formin inhibition abrogates invasive migration**

Formins are a family of 15 actin nucleators that drive processive polymerization of actin filaments from the barbed end, some of which can act as Rho GTPase effectors (DRFs; Mellor, 2010; Nürnberg et al., 2011). The pan-formin inhibitor SMIFH2 (Rizvi et al., 2009) profoundly abrogated protrusion formation in cells migrating in 3D CDM (Fig. 4, A and B) and invasion into collagen/FN-rich ECM (Fig. 4 D), and cells instead formed membrane blebs (Fig. 4, A and C), suggesting that formins mediate actin reorganization within protrusions as cells migrate in 3D ECM.

**FHOD3 is specifically required for RCP–α5β1 integrin-driven actin dynamics and migration**

Of the 15 mammalian formins, 12 were found to be expressed at relatively high levels in A2780 cells (Fig. 4 E). Because the function of inverted formins (INF1/2) in actin polymerization is less well defined, we knocked down the remaining 10 formins (Fig. S4 A) and measured migration speed of cells in 3D CDM. In cells migrating in an RCP–α5β1-dependent manner, knockdown of the formin-like family (FMNL, in particular FMNL2 and FMNL3) and FHOD3 significantly decreased migration speed (Fig. 4 F). However, FHOD3 knockdown did not affect migration speed under basal conditions (Fig. 4 G), suggesting that this DRF could function specifically downstream of the RCP–α5β1 integrin pathway.

Confirming the siRNA miniscreen, stable knockdown of FHOD3 reduced RCP–α5β1-driven (but not basal) migration and suppressed pseudopod extension in A2780 cells in 3D CDM (Fig. 5, A–D; and Fig. S4 B), but had no discernible influence on cell migration in 2D (Fig. S4, C–E), and the effect of FHOD3 knockdown on 3D migration was rescued by reexpression of shRNA-resistant RFP-FHOD3; in fact, RFP-FHOD3-expressing cells migrated significantly faster (Figs. 5 B and S4 F). The cell lines used in this study expressed only the nonmuscle-specific isoform of FHOD3 (Fig. S4 G), and this isoform was used for rescue experiments.

RFP-FHOD3 showed a punctate distribution throughout the cytoplasm of cells in 3D CDM, sometimes decorating F-actin bundles under basal conditions but with little localization at the leading edge (Fig. S5 A). Upon induction of RCP–α5β1 trafficking, cells generated numerous filopodial protrusions at the leading edge, and RFP-FHOD3 puncta could be seen within these actin spike protrusions, whereas RFP alone was diffuse (Fig. S5 A). Interestingly, a constitutively active mutant of FHOD3, which lacks the DAD domain (GFP-FHOD3ΔDAD), promoted formation of spike-like actin protrusions, and accumulated at these structures (Fig. S5, B and C), suggesting that FHOD3 could directly influence the formation of filopodia and actin spikes in invading cells. Live-cell imaging of Lifeact-mTFP1–expressing FHOD3 knockdown cells revealed nonapoptotic membrane blebs at the cell periphery, and a complete loss of intense, filopodia-based protrusions (Fig. 5, E–H; and Video 5). The knockdown phenotype was rescued by reexpression of shRNA-resistant RFP-FHOD3, which in fact increased actin polymerization to form actin spike protrusions and stress fiber-like structures behind the leading edge (Fig. 5 E and Video 5). Together, these data indicate that FHOD3 is required for actin polymerization at the tips of invasive pseudopods downstream of RCP–α5β1 integrin to form filopodia and actin spike–based protrusions that drive invasive migration in 3D ECM.

**ROCK-dependent phosphorylation and activation of FHOD3 is required for RCP–α5β1 integrin-driven migration**

FHOD3 has no known GTPase interactor/activator, but, like FHOD1, can be activated by ROCK-dependent phosphorylation of Ser and Thr residues close to the core DAD motif (Takeya et al., 2008; Iskratsch et al., 2013a). Given that RCP–α5β1 integrin-driven rapid, random migration in 2D is regulated by ROCK (White et al., 2007; Rainero et al., 2012), and that RhoA activity is elevated at the tips of invasive pseudopods in this context (Jacquemet et al., 2013a), we investigated the possibility that ROCK might mediate FHOD3 phosphorylation and activation downstream of RCP–α5β1 trafficking.
Figure 2. Dynamic actin spikes form protrusions in cells invading locally in vivo. (A, B, D, and E) CFSE-labeled A2780 cells (A and B) or H1299 cells (D and E) were injected into the pericardial cavity of zebrafish embryos. cRGDFV (2.5 µM) was added 1 dpi as appropriate. Embryos were imaged at 4 dpi to determine invasion. Broken lines indicate the pericardial cavity. A, autofluorescence from the yolk sac. White arrows indicate invading cells. (C and F) Quantification of relative invasion. n = 28–33 fish per condition. (G) CFSE-labeled A2780 cells stably expressing Lifeact-mRFPmars were injected into zebrafish embryos as in A and B, and treated with cRGDFV (2.5 µM). Imaging was performed 3 dpi using a spinning disk confocal microscope. Images represent z projections and 3D rendering. The yellow arrow indicates the direction of migration. (H) Time lapse of Lifeact-mRFPmars-expressing cells over limited z range (2.5 µm). (I) Kymograph of protrusive area highlighted in H (yellow box). White arrowheads indicate an actin spike actively protruding; red arrowheads indicate retraction. The yellow horizontal line provides a reference for protrusion/retraction events. Mean gray value indicates intensity of Lifeact fluorescence. All data represent at least three independent experiments; statistical significance was evaluated using a Student’s t test with Welch’s correction. +, mean; *, P < 0.05; ***, P < 0.001.
Figure 3. **RCP-α5β1-driven migration and invasion is Arp2/3-independent.** (A) siControl, ArpC2 knockdown, or ArpC3 knockdown A2780 cells were seeded onto glass coverslips, wounded after 24 h, and treated with cRGDfV (2.5 µM) as indicated before fixation. F-actin was stained with FITC-phalloidin and nuclei with DAPI. The white arrowhead indicates lamellipodia; red arrowheads indicate nonlamellipodial ruffling protrusions. (B) siControl, ArpC2 knockdown, or ArpC3 knockdown A2780 cells were seeded onto 3D CDM for 4 h and treated with cRGDfV (2.5 µM) where indicated before time-lapse imaging. (C) MSD measurement of siCtrl, siArpC2, and siArpC3 A2780 cells migrating in CDM. n ≥ 99 cells per condition. (D) Pseudopod length of siCtrl and siArpC2 A2780 cells migrating in CDM. n = 100 cells per condition. (E) A2780 cells transiently transfected with Lifeact-mEGFP were seeded onto 3D CDM for 4 h, and treated with cRGDfV (2.5 µM, >2 h) and the indicated inhibitors (50 µM) or vehicle control immediately before imaging. Maximum z projections are shown. White arrowheads indicate lamellipodia; red arrowheads indicate ruffling actin spikes. The white boxed regions are enlarged on the right, and the kymograph images are taken from the yellow boxed regions. Yellow arrows indicate the direction of migration. (F and G) MSD (F; n = 20) and pseudopod length (G; n = 50) of DMSO, CK-666, and CK-689–treated A2780 cells migrating in CDM. (H) Normalized protrusion size of A2780 cells expressing Lifeact-mEGFP treated with the indicated inhibitor (50 µM) as in E. n = 13–21 cells per condition with n ≥ 25 frames quantified per cell. (I) A2780 cells were seeded into an inverted invasion assay in the presence of cRGDfV (2.5 µM) where indicated for 72 h. DMSO, CK-666, and CK-689 (50 µM) were added 24 h after seeding and imaged 48 h later to quantify invasion. All data represent at least three independent experiments. Statistical significance was evaluated using ANOVA/Tukey’s multiple comparison test. +, mean; n.s., not significant; *, P < 0.05; **, P < 0.01; ****, P < 0.0001. Error bars represent the SEM.
RFP-FHOD3 immunoprecipitated from A2780 cells demonstrated a low level of constitutive Ser/Thr phosphorylation, which was significantly increased upon induction of RCP–α5β1 trafficking with cRGDFV (Fig. 6A). Pretreatment of cells with a Rho inhibitor, or the highly specific ROCK inhibitor Gly-H1152, opposed cRGDFV-induced FHOD3 phosphorylation (Fig. 6A), suggesting that RhoA-ROCK activity promotes FHOD3 phosphorylation. ROCK inhibition also abrogated migration on 3D CDM (Fig. 6, B and C), and prevented RCP–α5β1 trafficking–induced actin spike formation and pro-
Figure 5. FHOD3 drives actin spike formation and migration in 3D matrix. (A) A2780 cells stably transfected with control or FHOD3 targeting shRNA constructs were lysed, then lysates were subjected to SDS-PAGE and Western blotting using antibodies specific for FHOD3 and α-tubulin, and analyzed using Odyssey. (B) A2780 cells stably expressing shFHOD3 #1, shFHOD3 #2, pLVTHM vector control, or RFP-FHOD3 rescue were seeded onto CDM matrix.
trusive area (Fig. 6, D and E). Interestingly, upon ROCK inhibition, protrusions appeared more wave-like, and membrane blebs were not observed (Fig. 6 D).

Because FHOD3 is phosphorylated by ROCK on three conserved residues (Iskratsch et al., 2013a), we mutated each to nonphosphorylatable Ala (3A) or phosphomimetic Asp (3D) within full-length shFHOD3#1-resistant RFP-FHOD3 and expressed these in A2780 shFHOD3#1 knockdown cells. Both RFP-FHOD3-3A and -3D showed reduced levels of Ser/Thr phosphorylation compared with wild-type RFP-FHOD3 (Fig. 7 A), and RFP-FHOD3-3A–expressing cells moved more slowly in 3D CDI, whereas expression of RFP-FHOD3-3D increased migration speed (Fig. 7, B and C). Furthermore, RFP-FHOD3-3A–expressing cells showed fewer intense F-actin spike protrusions and decreased protrusion size (Fig. 7 D). Collectively, these data suggest that, downstream of RCP–α5β1 trafficking, localized RhoA activity promotes ROCK-dependent phosphorylation and activation of FHOD3 to promote actin polymerization and filopodia formation at the tips of invasive pseudopods.

**FHOD3 is required for RCP–α5β1 integrin-driven invasion in vitro and in vivo.**

To assess the role of FHOD3 in invasive migration, we introduced FHOD3 knockdown A2780 or H1299-p53273H cells into inverted invasion assays. FHOD3 knockdown abrogated RCP–α5β1–driven invasion into FN-rich collagen hydrogels (Fig. 8, A and B; and Fig. S5 D), confirming its requirement in 3D invasive migration. We also injected stable FHOD3 knockdown cells into zebrafish embryos. Whereas control A2780 cells were able to invade into the surrounding stromal environment when RCP–α5β1 recycling was induced, FHOD3 knockdown cells showed little evidence of dissemination (Fig. 8, C and D). These data suggest that FHOD3 is an actin nucleator that operates downstream of RCP–α5β1 integrin trafficking to promote invasive migration in a physiologically relevant in vivo tissue environment.

**Discussion**

We have shown that lamellipodia formation and retrograde actin flow, which form a major mechanism that drives forward movement of cells in 2D, is observed in cells migrating in 3D matrix. However, promoting RCP–α5β1 trafficking, which increases invasive migration into FN-rich ECM and local invasion in vivo, leads to generation of filopodia to form actin spine–based protrusions that extend in the direction of invasion, rather than lamellipodia. Filopodial actin spike protrusions formed in this context require the formin FHOD3, and not Arp2/3–mediated actin polymerization. This novel form of actin-based protrusion provides the driving force for invasion of cancer cells in 3D ECM in vitro and in vivo.

In 3D collagen, there is some evidence that lamellipodia can facilitate migration (Giri et al., 2013), and αvβ3 integrin controls lamellipodial migration in 2D (White et al., 2007; Caswell et al., 2008) and promotes invasive migration in low FN microenvironments (Christoforides et al., 2012). Our demonstration of retrograde actin flow in unstimulated cancer cells moving in 3D, within protrusions made up of lamellipodial F-actin veils, provides further evidence to support the notion that the mechanisms that support lamellipodial migration in 2D can facilitate invasive migration in 3D (Fig. 1, D–F). However, the RCP–α5β1 pathway drives invasion into FN-rich ECM in a manner that does not rely on lamellipodial protrusion, suggesting that alternative mechanisms can drive rapid migration in 3D ECM to contribute to cancer cell invasion and metastasis depending on the composition of the microenvironment. Loss of the Rac activator Tiam1, or the downstream WAVE complex component CYFIP1, can contribute to cell migration, invasion, and metastasis (Malliri et al., 2002; Silva et al., 2009; Vaughan et al., 2015), suggesting that suppression of major regulators of lamellipodia formation can lead to increased metastatic potential.

Nonlamellipodial migratory mechanisms control migration in 3D ECM microenvironments (Friedl and Alexander, 2011; Petrie et al., 2012, 2014); however the RCP–α5β1 pathway promotes migration of cancer cells driven by filopodial actin spine–based protrusions that are morphologically distinct from protrusions seen in amoeboid or lobopodial 3D migration (Fig. 1 and Fig. 2). RCP–α5β1–driven filopodial actin-based protrusions extend beyond the cortex, appear rapidly in collective bursts (Fig. 1, E–H; and Fig. S2), show dynamic protrusion and retraction (Fig. 1, E–H; Fig. 2; and Fig. S2), and have a rate of retrograde actin flow that is lower than in lamellipodial-based protrusions (Fig. 1, A–C; and Fig. S1). Filopodia have been shown to exhibit retrograde F-actin flow (Okabe and Hirokawa, 1991; Lin et al., 1996; Anderson et al., 2008), and, interestingly, retrograde flow may be reduced in actively protruding filopodia (Mallavarapu and Mitchison, 1999), a notion supported by our data.

Filopodia can arise via at least two broad mechanistic routes: convergent elongation of F-actin driven from the lamellipodial network and tip nucleation through formins (Mattila and Lappalainen, 2008; Mellor, 2010). ArpC3 knockout MEFs retain some ability to migrate in 2D, extending filopodial-like protrusions (FLPs; Suraneni et al., 2012, 2015), confirming that formins can nucleate actin filaments to generate filopodia in the absence of a dendritic lamellipodial actin network, and here we have shown that filopodia in invasive cells can form in an Arp2/3–independent, FHOD3–driven manner. Long-lived FLPs, formed as a consequence of Rif/mDia2 and integrin signaling, facilitate metastatic colonization of breast cancer cells (Shibue et al., 2012, 2013). The dynamics of these structures differs from FHOD3–induced filopodia, suggesting that while in general integrins may be linked with formin function and filopodial extension, the properties of these filopodial subtypes may be...
Figure 6. **ROCK phosphorylates FHOD3 and promotes formation of actin spike protrusions.** (A) A2780 cells stably expressing RFP or RFP-FHOD3/shFHOD3#1 were untreated or treated with cRGDFV (2.5 µM, 30 min) and ROCK inhibitor Gly-H1152 (100 nM, 30 min) or Rho inhibitor I (4 µg/ml, 4 h) as indicated. RFP trap was performed from cell lysates, and subjected to SDS-PAGE and Western blotting using RFP and pS/T antibodies. Fluorescence intensity of pS/T bands was measured using ImageJ, and expressed relative to untreated (n > 4 per condition). Error bars represent the SEM. (B) A2780 cells were seeded onto CDMs and treated with cRGDFV (2.5 µM) and ROCK inhibitor Gly-H1152 where indicated before time-lapse imaging. Asterisks indicate the position of individual cells at different time points. (C) Migration speed was measured for cells treated as in B; n = 150 cells per condition. (D and E) A2780 cells transiently transfected with Lifeact-mEGFP were seeded onto 3D CDM for 4 h, and cRGDFV (2.5 µM, 2 h) and Gly-H1152 were added as indicated. Z stacks were captured on a spinning disk confocal microscope every minute for ≥25 min. Z projections are shown. White arrows indicate...
very different. The DRF Rho GTPase effectors have previously been linked to cell migration in 2D and 3D (Kitzing et al., 2010; Vega et al., 2011; Block et al., 2012; Breitscrecher and Goode, 2013). Indeed, we and others find that members of the formin-like (FMNL) family contribute to basal migration in 3D CDM (Fig. 5 I; Kitzing et al., 2010; Vega et al., 2011). However, our data suggest that the DRF FHOD3 is specifically required for RCP–α5β1-driven filopodal actin spike formation, migration, and local invasion in vivo.

FHOD3 shows relatively restricted expression (heart, kidney, and brain; Katoh and Katoh, 2004; Kanaya et al., 2005; Iskratsch et al., 2010), and contributes to sarcomeric organization in cardiomyocytes by promoting actin polymerization and contributing to myofibril formation (Taniguchi et al., 2009; Iskratsch et al., 2010). FHOD3 can be activated by ROCK-mediated phosphorylation of Ser/Thr residues within the DAD domain (Iskratsch et al., 2013a), and we now show that FHOD3 is the target of localized RhoA-ROCK signaling downstream of RCP–α5β1 trafficking in invasive cancer cells. However, while knockdown of FHOD3 has a profound influence on the morphology of cells in 3D CDM, promoting membrane blebbing (Fig. 5 E), inhibition of ROCK has a more subtle influence (Fig. 6 D). ROCK is known to oppose Rac activity through FilGAP (Ohta et al., 2006), and it is therefore possible that ROCK inhibition leads to an increase in Rac activity and formation of lamellipodial protrusions, as observed (Fig. 6 D). Similarly, expression of nonphosphorylatable FHOD3 induces a more subtle phenotype than knockdown of FHOD3 (Fig. 7 D). While no Rho GTPase interactor has been described for FHOD3, its closest relative FHOD1 can be activated by Rac binding and/or ROCK phosphorylation, and integrin signaling controls its targeting (Gasteier et al., 2003; Hannemann et al., 2008; Takeya et al., 2008; Iskratsch et al., 2013b). Together with our data, this could suggest that numerous signals converge to control the precise local activation of DRFs.

The recycling of α5β1 via the RCP pathway is critical for the establishment of polarized signaling to activate Rhoa at the front of migrating and invading cells (Jacquemet et al., 2013a). WASH is a nucleation-promoting factor (NPF) for Arp2/3, which is required for RCP-mediated α5β1 recycling (Zech et al., 2011), and it is therefore surprising that RCP–α5β1-driven recycling, migration, and invasion is unperturbed when Arp2/3 activity is impaired (Figs. 3 and S3). However, WASH has been reported to interact with the F-actin nucleator Spire (Liu et al., 2009) and V-ATPase (Carnell et al., 2011), which acidifies vesicular compartments, and it is possible that WASH could contribute to α5β1 trafficking in an Arp2/3-independent fashion. The fact that interfering with Arp2/3 function promotes pseudopod extension (Fig. 3 D, G), promotes accumulation of RCP vesicles at the tips of pseudopods (Fig. S3, L and M), and is dispensable for α5β1 recycling (Fig. S3 K) suggests that Arp2/3-mediated actin polymerization might restrain vesicular cargo, and remodeling of actin (or its disassembly) might be required to facilitate trafficking that leads to downstream signaling to promote migration and invasion.

We have shown that the RCP–α5β1 pathway drives local invasion in vitro and in vivo by controlling the activation of FHOD3 to induce filopodial actin spike protrusions in the direction of invasive migration (Fig. 3 and Fig. 7) similar to those seen in FN-rich ECM in vitro (Fig. 2; Jacquemet et al., 2013a). Breast cancer cell lines expressing GFP-Lifeact implanted into the mammary fat pad of mice in a collagen-rich xenograft environment have been shown to have the ability to generate actin-based protrusions using intravital imaging, but in this context blebbing amoeboid-type migration predominates (Tolzluğru et al., 2013). In the zebrafish xenograft model, carcinoma cells may migrate in a similar manner to invasive melanoma cells, utilizing collagen I and FN ECM tracks that facilitate invasion (Chapman et al., 2014). This suggests that, as we find in vitro, the composition (presence of FN and soluble ovβ3 ligands e.g., osteopontin) and topology of the ECM combine with cell-intrinsic factors (e.g., expression of gain-of-function mutant p53) to produce a migratory response for invasion of stromal environments in vivo.

Materials and methods

Cell culture and transient transfection
A2780 cells were cultured in RPMI 1640 (Sigma-Aldrich) supplemented with 10% FCS. H1299, MDA-MB-231, telomerase-immortalized fibroblast (TIF), MEF, and 293T cells were cultured in DMEM (Sigma-Aldrich) supplemented with 10% FCS. All cells were maintained at 37°C and 5% CO2. Transient transfections and siRNA knockdowns were performed using nucleofector (Solution T; 3 µg plasmid DNA or 1 µm siRNA; program A-23; Amaxa; Lonza), according to the manufacturer’s instructions. Formin knockdown was performed with one round of transfection, whereas ArpC2 and ArpC3 knockdown was performed with two rounds of transfection.

CDMs were prepared as described previously (Cukierman et al., 2001; Caswell et al., 2008). In brief, plastic tissue-culture plates or glass bottom dishes (for high-resolution imaging) were gelatin coated, cross-linked with glutaraldehyde, quenched with glycine, and equilibrated in DMEM containing 10% FCS. Human TIFs were seeded at near confluence and grown for 8–10 d in DMEM containing 10% FCS and 50 µg/ml ascorbic acid. Matrices were denuded of live cells by incubation with PBS containing 20 mM NH4OH and 0.5% Triton X-100, and DNA residue was removed by incubation with DNase I (Lonza).

Plasmids and reagents
Rabbit anti-ArpC2 and ArpC3 antibodies were purchased from Proteintech. Mouse anti-α-tubulin (DM1A) was purchased from Sigma-Aldrich. Rat anti-RFP antibody and RFP-trap beads were purchased from ChromoTek. Rabbit anti-phospho S/T antibody was purchased from ECM Biosciences. Affinity purified rabbit anti-FHOD3 (antigen His-FHOD3-135 in pET3b) has been described previously (Iskratsch et al., 2010). DAPI and Alexa Fluor 488/555/647 phalloidin were purchased from Life Technologies. Arp2/3 inhibitor CK-666, CK-689 (inactive analogue of CK-666), and ROCK inhibitor Glycyl-H-1152 were purchased from Matrix Biosciences. A2780 cells were cultured in RPMI 1640 (Sigma-Aldrich). SMA was purchased from Sigma-Aldrich. cRGDFV was purchased from Bachem.

FHOD3 (lacking muscle-specific exon 26) and delta-DAD FHOD3 constructs in pEGFP-C style vectors were as described previously (Iskratsch et al., 2010, 2013a). RFP-FHOD3 was generated by

lamellipodia-like actin veils; red arrows indicate actin spikes. Boxed regions are enlarged on the right. [E] Normalized protrusion size was measured for cells in D; n = 21–27 cells per condition. All data represent at least three independent experiments; statistical significance was evaluated using ANOVA/ Tukey’s multiple comparison test. +, mean; n.s., not significant; *, P < 0.05; **, P < 0.01; ***, P < 0.001; ****, P < 0.0001.
Figure 7. **FHOD3 phosphorylation is required for actin spike protrusions and migration in 3D CDM.** (A) A2780 cells stably expressing RFP or RFP-FHOD3 wt/3A/3D were treated with cRGDfV (2.5 mM, 30 min) and RFP trap as in Fig. 6 A. Fluorescence intensity of pS/T bands was measured using ImageJ, and expressed relative to untreated (n = 4 per condition). (B) A2780 cells were seeded onto CDM and treated with cRGDfV (2.5 µM) and ROCK inhibitor.
digesting HA-FHOD3-C1 with Nhel and PvuI to remove the HA tag, and ligating an Nhel–PvuI fragment in its place. paGFP-actin was a gift from K. Anderson (Beatson Institute for Cancer Research, Glasgow, Scotland, UK). Lifeact-mEGFP and Lifeact-mRFPmars were gifts from R. Wedlich-Soldner (University of Münster, Münster, Germany; Riedl et al., 2008), and mTFP1-LifeAct-7 was from AddGene (plasmid #54749; all in EGF-Act-N1-style vectors).

Knockdown of formins and ArpC2/ArpC3 was performed using siRNA pools from an siARRAY (#M-012081-00 and M-005284-00, respectively; GE Healthcare). Stable FHOD3 shRNA was generated by cloning the following sequences into pLVTHM (Addgene) using Mlu1 and Cla1 restriction sites: FHOD3 shRNA #1, 5′-CCGTTCCCCATAGGACGGAGAACAATTTCCAGGAGATGTGCGGCTTATCTCGA-3′ (adapted from Iskratsch et al., 2010); and FHOD3 shRNA #2, 5′-CCGCTCCCCATACGAGCTCCTAGTTTAATTTGGAAAT-3′. shRNA-resistant FHOD3 was generated using the Q5 site-directed mutagenesis kit (New England Biolabs, Inc.) using the following primers: forward, 5′-AGAAAAATACAAAAACCTGGGCTT-TATCC-3′; and reverse, 5′-AATTTGATCCTGATCCCTTCCTCAGGTCGAC-3′. 3A and 3D mutant RFP-FHOD3 were generated using the following primers: 3A forward, 5′-AACGTTTGAGAGCCCTGAGAGAGCCGTGAC-3′; reverse, 5′-TCCGGGTGCCCAGGCGCTTTCCCTCCTG-3′; and 3D forward, 5′-AAATTTGAGAGCCCTGAGAGAGCCGTGAC-3′; reverse, 5′-TCCGGGTGCCCAGGCGCTTTCCCTCCTC-3′. Lifeact-mRFPmars was cloned into pCDH (gift from A. Gilmore, University of Manchester, Manchester, England, UK) using restriction sites EcoRI and NotI, and shRNA-resistant RFP-FHOD3 was cloned into pCDH using Nhel and NotI.

**Lentiviral production and transduction**

Lentiviruses were produced by transfecting 293T cells with psPAX2 and pMD2.G (Addgene) and pLVTHM or pCDH viral vectors. Conditioned medium containing viruses was collected after 5 d and then used immediately to infect cells or stored at −80°C. Infected cells were sorted for EGFP or mRFPMars expression using FACS ARIA Fusion (BD) with excitation at 488 nm and 561 nm, respectively. FACS data were processed and analyzed using DIVA software (BD). For reverse-transcription PCR, reactions were performed using the OneStep RT-PCR kit (Qiagen) with 1 µg RNA template and either pan-FHOD3 forward primer, 5′-CTCCTTTTCTCTTATTG-GGCCATCC-3′; or muscle-specific FHOD3 forward primer, 5′-ACT-GATGAGGAGGAAATTTGAG-3′, with pan-FHOD3 reverse primer, 5′-CTCGCTGACTGGGACCTTGGTG-3′.

**Microscopy**

All images were taken with a constant exposure time between all conditions of the same experiment. Images were processed using ImageJ v1.49b (National Institutes of Health) and only subject to signal rescaling using linear transformation for display in the figures.

For 2D scratch wound assays, cells were seeded onto tissue culture plates to confluency, and after 24 h, cell monolayers were wounded with a plastic pipette tip. For 3D migration assays, cells were plated onto CDM for 4 h. For long-term time lapse, cells were imaged in the presence or absence of crGDIV and maintained at 37°C and 5% CO2. Phase-contrast images were captured on an inverted microscope system (AS-MDW; Leica) using a 20x objective lens (HC Plan Fluor Ph2, NA 0.50) every 10 min using a charge-coupled device (CCD) camera (CoolSNAP HQ; Photometrics) and the Micro-Manager plugin for ImageJ (version 1.4.17; Edelstein et al., 2010, 2014). Point visited mode was used to allow multiple positions to be imaged within the same time course. Images and videos were analyzed using ImageJ with the MTrackJ plugin (Meijering et al., 2012). Analysis of speed, endpoint directional persistence, direction autocorrelation, and mean square displacement (MSD) was performed using DiPer (Gorelik and Gautreau, 2014). Endpoint directional persistence and autocorrelation (a measure of directionality less influenced by speed) were used in 2D to accurately reflect a cell’s ability to migrate in a persistent manner, but this is less appropriate in 3D CDM where cells generally follow the fibrillar nature of the ECM. We therefore used MSD (a measure of the area explored) to better define migration capacity in 3D CDM. To obtain a measure of pseudopod length, the distance between the center of the nucleus and the cell front (with respect to the direction of migration) was measured using ImageJ.

Wounded cells fixed with 4% paraformaldehyde were stained with FITC-phalloidin and DAPI and imaged with a restoration microscope (Delta Vision RT; Applied Precision) using a 40×/NA 1.30 Uplan FLN objective lens and a Sedat filter set (86000v2; Chroma Technology Corp.). Images were collected using a CoolSNAP HQ camera (Photometrics).
For photoactivation, cells transiently cotransfected with Lifeact-mRFPmars and paGFP-Actin were seeded onto glass-bottom dishes or CDMs, and media was replaced with Ham’s F12 (Gibco) containing 25 mM Hepes and 10% FCS before addition of cRGDfV (>2 h) where appropriate for image acquisition at 37°C. Using a spinning disk confocal inverted microscope (Marianas; 3i), paGFP-Actin was photoactivated at cell protrusions within a square ROI (5 µm²) for 10 ms using a 405 nm laser. paGFP and mRFPMars fluorescence emission was captured every second for 100 s using a 63× objective lens (NA 1.4 Plan Apochromat) and SlideBook 6.0 software. Images analysis was performed in ImageJ: ROIs were positioned over the point of photoactivation, immediately behind the photoactivated region (relative to the direction of protrusion) or outside the area of the cell (used for background subtraction). Fluorescence intensity was normalized to the intensity of the photoactivated region in the first frame after photoactivation.

For live-cell imaging of actin dynamics during invasive migration, A2780, H1299, and MDA-MB-231 cells transiently transfected with Lifeact-mEGFP or Lifeact-mTFP1 were plated on CDMs for 4 h and normal culture medium was replaced with Ham’s F12 containing 25 mM Hepes and 10% FCS before addition of cRGDfV (>2 h) where appropriate before image acquisition. Image stacks (seven positions every 0.2 µm) were collected every 1 min (Lifeact-mEGFP) or 3 min (Lifeact-mTFP1) at 37°C on a spinning disk confocal inverted microscope (Marianas) using a 63x objective lens (NA 1.4 Plan Apochromat) and SlideBook 6.0 software.

RFP- or RFP-FHOD3–expressing cells were seeded onto CDMs 4 h before treatment with cRGDfV for 2 h as appropriate. Cells were fixed with 4% paraformaldehyde and stained with rat anti-RFP primary antibody (ChromoTek), Rhodamine Red-X–conjugated secondary antibody (Jackson ImmunoResearch), and Alexa Fluor 647–phalloidin (Life Technologies). Cells were imaged with a Delta Vision RT (Applied Precision) restoration microscope using a 60x/NA 1.42 Plan-Apochromat objective lens and the Sedat filter set (86000v2; Chroma Technology Corp.). Images were collected using a CoolSNAP.
Zebrafish (Danio rerio) were maintained at the University of Manchester Biological Services Unit according to National Home Office regulations under the Animals (Scientific Procedures) Act 1986.

Quantification of actin protrusions in 3D CDM was performed using maximum z projections of cells imaged for 30–60 min. Using custom software written in Python and NumPy, images in the time-lapse sequence were individually band-pass filtered (to reduce noise and stationary background). Images were thresholded using a fixed threshold (pixel gray value >100) and all the objects in the resulting binary image were identified using an 8-connected component labeling. All but the largest object in the image were discarded. The difference between binary images with a lag of 3 min between frames was used to identify protrusive areas. To limit the analysis to the front of the cell only, the following automated method was devised: the axis aligned to identify protrusive areas. To limit the analysis to the front of the cell only, the following automated method was devised: the axis aligned to identify protrusive areas. To limit the analysis to the front of the cell only, the following automated method was devised: the axis aligned

Statistical analysis
Student’s t test (unpaired, two tailed, and unequal variance) or analysis of variance (ANOVA)/Tukey’s multiple comparison test were used to calculate statistical significance as appropriate, using GraphPad Prism 6 (GraphPad Software). $t_1/2$ (Figs. 1 and S1) was approximated using nonlinear regression (exponential one-phase decay; GraphPad Prism). Bar charts (±SEM) or Tukey box and whisker plots are displayed (whiskers represent 1.5× interquartile range, + indicates mean).

**Online supplemental material**

Fig. S1 shows retrograde flow in A2780 and H1299 cells in 2D and MDA-MB-231 cells in 3D CDM. Fig. S2 shows the dynamics of Lifeact-GFP in H1299 and MDA-MB-231 cells, and filopodial lifetime of A2780 cells in 3D CDM. Fig. S3 shows the effect of Arp2/3 inhibition/knockdown on migration in 2D and 3D, and the effect of Arp2/3 inhibition on integrin recycling and vesicle localization. Fig. S4 shows formin knockdown by qPCR and the effect of FHOD3 knockdown on 2D migration, and confirms that cancer cells do not express FHOD3 with the muscle-specific exon 26. Fig. S5 shows the localization of RFP-FHOD3wt and an active FHOD3, and knockdown of FHOD3 in H1299-273H cells. Video 1 shows retrograde flow of actin in A2780 cells on CDM. Video 2 shows the dynamics of Lifeact-GFP in A2780 cells on CDM. Video 3 demonstrates that A2780 cells form filopodial actin spikes as they invad in vivo. Video 4 shows the effect of Arp2/3 inhibition on Lifeact-GFP dynamics in A2780 cells on CDM. Videos 5, 6, and 7 show the effect of FHOD3 knockdown and rescue and ROCK inhibition on Lifeact-GFP dynamics in A2780 cells on CDM. Online supplemental material is available at http://www.jcb.org/cgi/content/full/jcb.201502040/DC1.
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